

The Socio-Economic **Newspaper** with Anything & Everything from **Kenya**

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Wild life Photo

By Rakesh K Photography



Yaris Institute Produces Another Distinction Graduate, Reinforcing Its IT Education Excellence

Yaris Institute of Information and Business Studies is once again in the spotlight after one of its students, Mehek Munaf, completed her ABMA Level 3 Certificate in Computer and Information Systems (CIS) with a distinction - the latest in a growing line of high-achieving graduates that has come to define the institute's reputation as one of the region's leading centres for professional IT and business training.

Munaf received her certificate on 26 August 2026 during a presentation at the institute's campus in Shree Plaza, Mkomani, Nyali - just after Chandarana Supermarket and before

the Shell petrol station. The certificate was awarded by Mr. Wycliffe, one of the institute's experienced and highly qualified IT tutors, whose mentorship has been credited by students as central to their success. Results like Munaf's distinction are increasingly the norm rather than the exception at Yaris Institute, where a team of seasoned, industry-experienced tutors combines rigorous, hands-on instruction with close, individualized support for every learner. The institute's growing wall of accolades and affiliations - visible in its offices and reflected in the achievements of its students - speaks to a teaching philosophy built on discipline, mentorship and real-world

relevance.

Presenting the certificate, Mr. Wycliffe said Munaf's achievement was a reflection of both her hard work and the calibre of training the institute is known for. "At Yaris Institute, we don't just teach for exams - we prepare our students to genuinely understand and apply what they learn. Mehek's distinction is proof that when strong tutoring meets a student's commitment, exceptional results follow. This is exactly the standard we set for everyone who walks through our doors," Mr. Wycliffe said. Munaf, visibly proud of her achievement, credited the institute's tutors and learning environment for her success. "The tutors



Mr. Wycliffe, IT Tutor at Yaris Institute of Information and Business Studies, presents the ABMA Level 3 Certificate in Computer and Information Systems to distinction graduate Mehek Munaf.

at Yaris Institute don't just teach the syllabus, they take time to make sure you truly understand the concepts.

That personal attention made all the difference for me, and I'm walking away not just with a certificate, but with real, practical skills," she said.

The ABMA Computer and Information Systems qualification equips learners with industry-relevant skills in IT and information management, providing a strong platform for further study or a career in the technology sector — one of many internationally recognized programmes offered at Yaris Institute of Information and Business Studies. With a track record of producing well-prepared, distinction-level graduates, experienced and dedicated tutors, and a supportive learning environment, Yaris Institute continues to attract students seeking quality, career-focused education in Information Technology and Business Studies. For prospective students in Mombasa and beyond, Munaf's success adds to a growing body of evidence that Yaris Institute delivers on its promise: expert instruction, genuine mentorship, and results that open doors.

LIFE SKILLS COURSES

BENEFITS FOR YOU

Backed by industry bodies and recruiters
Master essential life & work skills
Short & flexible content for fast learning
Outstanding value
Engaging and practical activities
No examination
Official ABMA certificate on completion

COURSE STRUCTURE - DEVELOPING KEY COMPETENCES

Time management
Problem-solving
Decision-making
Report writing
Presentation skills
Coping with organisational change
Critical thinking

WORKING WITH OTHERS

Emotional intelligence
Conflict resolution
Motivating self & others
Teamwork
Leadership
Coaching and mentoring
Networking

(FEES - KSH 19,000)

ABMA CAREER COURSES

ABMA, a UK-based awarding body, offers globally recognized vocational qualifications across Europe, Africa, and Asia. Its diploma and certificate programs equip students with essential skills for career success and economic growth. ABMA ensures high standards of knowledge and professionalism through rigorous assessment, examinations, and moderation, adding value to students' profiles for employment or further studies.

Course	ABMA Fees (K)	YARIS Fees (Ksh)	ABMA Fees (K)	YARIS Fees (Ksh)	ABMA Fees (K)	YARIS Fees (Ksh)
Business Management	K89 per unit Total £195	65,000	K46 per unit Total £225	75,000	K50 per unit Total £250	85,000
Computer & Info. Systems	K89 per unit Total £195	65,000	K46 per unit Total £225	75,000	K50 per unit Total £250	85,000
Community Development	K89 per unit Total £195	65,000	K46 per unit Total £225	75,000	K50 per unit Total £250	85,000
Shipping & Logistics	K89 per unit Total £195	65,000	K46 per unit Total £225	75,000	K50 per unit Total £250	85,000
Computer Engineering	K89 per unit Total £195	65,000	K46 per unit Total £225	75,000	K50 per unit Total £250	85,000
RDV/AIDS Management	K89 per unit Total £195	65,000	K46 per unit Total £225	75,000	K50 per unit Total £250	85,000

SPECIAL COMBO PACKAGES FOR FORM 4 SCHOOL LEAVERS

1. TECH STARTER COMBO - (OFFICE PROFESSIONAL)

Includes:
Office Professional
Artificial Intelligence Tools & Applications
Skills Gained:
Computer basics
Microsoft Office skills
AI tools productivity
Digital work skills

WAS: KShs 34,500
NOW: KShs 19,000
Duration: 2 Months

2. WEB DEVELOPMENT COMBO (FOCUSED TECH PATH)

Includes:
Front-End Development
Back-End Development
Graphic Design (CorelDraw & Adobe Photoshop)
Skills Gained:
Build responsive websites
Design graphics & visual content
Full-stack web development skills

WAS: KShs 44,000
NOW: KShs 29,000
SAVE KShs 15,000!

Duration: 2.5 - 3 Months

OUR COURSES

- ▶ Coding & AI
- ▶ Accounting
- ▶ Information Technology
- ▶ Business Management
- ▶ Shipment & Logistics
- ▶ Community Development
- ▶ Life Skills & Personal Development

SHORT APPLICATION PROGRAMS

- ▶ Artificial Intelligence
- ▶ Office Management
- ▶ Computerised Accounts
- ▶ Web Designing
- ▶ Programming

CONTACTS

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- +254 722 326 245
- yariseducation@gmail.com
- Yaris Institute-Nyali Mombasa

OUR COURSES

3. ALL IN ONE MASTER COMBO

Includes:
Office Professional
Artificial Intelligence Tools
Graphic Design
Front-End Development
Back-End Development
Database Technologies
AI Tools & Applications
Web & Internet Skills
Computer Programming
QuickBooks (Accounting)
Skills Gained:
Complete digital & tech skillset
Multiple career options
Freelancing
Employment readiness

WAS: KShs 75,000
NOW: KShs 49,000
SAVE KShs 26,000!
Duration: 5 - 6 Months

OUR COURSES BUSINESS & OFFICE COURSES

1. OFFICE PROFESSIONAL

Modules:
Computer Basics & IT
Fundamentals
Windows Operating System
Microsoft Word
Microsoft Excel
Microsoft Access
Microsoft PowerPoint
Internet & Email
Communication
Duration: 7 - 9 Weeks
Fee: KShs 14,500

2. PROJECT MANAGEMENT

Modules:
Advanced Microsoft Excel
Project Planning & Execution
Duration: 3-4 Weeks
Fee: KShs 14,500

TECHNOLOGY COURSES

3. GRAPHIC DESIGN

Modules:
Design Principles & Branding
CorelDraw
Adobe Photoshop
Canva
UI/UX Basics
Duration: 4-6 Weeks
Fee: KShs 18,000

4. FRONT-END DEVELOPMENT

Modules:
▶ HTML5
▶ CSS3
▶ JavaScript
▶ React JS
▶ Responsive Web Design
Duration: 6 - 8 Weeks
Fee: KShs 22,000

5. BACK-END DEVELOPMENT

Modules:
Node.js & Express
PHP / Laravel
API Development
Database Integration
Duration: 6-8 Weeks
Fee: KShs 22,000

6. COMPUTER CODING/ PROGRAMMING

Languages:
Python
Java
Go (Golang)
Duration: 8 Weeks
Fee: KShs 35,000

SPECIALIZED COURSES

7. DATABASE TECHNOLOGIES

Modules:
MySQL
PostgreSQL
MongoDB
Database Design & Security
Duration: 4-6 Weeks
Fee: KShs 14,000

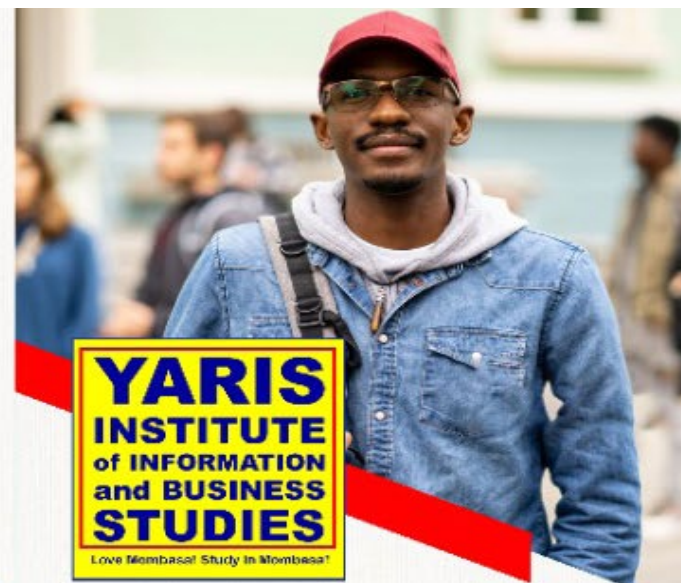
8. MOBILE APP DEVELOPMENT

Modules:
React Native
Mobile UI/UX Design
API Integration
App Deployment
Duration: 6-8 Weeks
Fee: KShs 22,000

EMERGING TECHNOLOGY

9. ARTIFICIAL INTELLIGENCE (AI) TOOLS & APPLICATIONS

Modules:
ChatGPT, Copilot & Gemini
AI for Writing & Coding
Canva AI, Midjourney, DALL-E
Prompt Engineering
AI in Business & Marketing
Duration: 3-4 Weeks
Fee: KShs 14,500



YARIS
INSTITUTE
of INFORMATION
and BUSINESS
STUDIES

Love Mombasa! Study in Mombasa!

YARIS INSTITUTE

Yaris Institute of Information & Business Studies, is a TVETA registered & ABMA-UK certified vocational training center offering diploma and certificate programs in many areas.

Since 1991, it has equipped students with market relevant skills through hands-on instruction, earning recognition from Kenya's TVETA.



THE OFFICE PROFESSIONAL MODULES

BASICS - Basic concepts of Information Technology
WIN - Operating system
WORD - Word processing
EXCEL - Electronic spreadsheets
ACCESS - Database management
PPT - Computer presentations
INTERNET - Online Information & communication
DURATION: 7-8 weeks | FEE: KShs 14,500

PROJECT MANAGER MODULES

MS EXCEL - Electronic spreadsheets
MS PROJECT - Project Management
DURATION: 3-4 weeks | FEE: KShs 14,500

THE COMPUTER PROGRAMMING / CODING MODULES

Programming using Visual Basic/Java/Python
DURATION: 8 weeks | FEE: KShs 35,000

THE WEB DESIGNER MODULES

CDRAW - Vector illustration & page layout using C-DRAW
PSD - Image manipulation using Photoshop
FPAGE/DRMWVR - Web design using FrontPage
Dreamweaver
INTERNET - Online presence & research
DURATION: 7-8 weeks | FEE: KShs 21,500

THE COMPUTERIZED ACCOUNTING MODULES

SAGE/QUICKBOOKS - Computerised accounting using SAGE or QuickBooks
DURATION: 3-4 weeks | FEE: KShs 14,500

AI TOOLS & APPLICATIONS MODULES

Generative AI Essentials - Use ChatGPT, Copilot & Gemini for smart writing, coding, and ideas.
Creative AI Design - Create stunning visuals with Canva AI, Midjourney & DALL-E.
Prompt Mastery - Master powerful prompts for accuracy & creativity.
AI Productivity Systems - Automate tasks & boost business efficiency.
Innovation in Action - Discover real-world AI applications in tech and marketing.
DURATION: 3-4 weeks | FEE: KShs 14,500



Ruto: Kenyans to Vote Leaders on Track Record



President William Ruto has dismissed ethnic-based political groupings, saying voters will elect leaders based on their development record.

He affirmed that all elected leaders must work to secure the unity of the country.

“I want to tell those who want to lead this country that Kenya has no room for tribal politics. Voters are interested in the development records of each one of us,” he pointed out.

The President made the remarks at Maili Nne, Huruma and Eldoret City, Uasin Gishu County, on Thursday where he addressed residents and updated them on the progress the Government is making in delivering its development agenda.

President Ruto called on Kenyans to reject tribal politics and embrace national unity, saying the country’s future depends on leaders and citizens putting the national interest above ethnic and political considerations

He explained that Kenya’s

progress would only be achieved through peaceful co-existence and respect for democratic competition.

President Ruto referred to a leader he did not name but who, he said, failed to deliver on affordable housing, universal healthcare and education, among other projects, and pointed out that the leader had now assembled a group of politicians who have no development track record to compete against him.

“Those who want to compete with me should ask their sponsor - I helped him but he failed to implement affordable housing, healthcare and to fully support education,” he said.

He added: “Before you come to compete with me, be ready to give us your agenda and development agenda for the country.”

The President particularly took issue with his critics for claiming that they would abolish affordable housing, universal modern markets and hostels, saying these projects have transformed the lives of

millions of Kenyans.

President Ruto, who also inspected Champions Retail Market in Eldoret City, one of 14 modern markets being built across the county, said the Government is building 600 modern markets across the country.

“We are fulfilling our promise to Mama Mboga that we will provide decent, safe and dignified spaces to do business,” he said.

He went on: “We have not stopped there. Over the past four years, we have worked hard to fulfil each commitment we made to the people of Kenya as set out in our manifesto.”

The President said the Government was keen on accelerating the transformation of the country by expanding opportunities for all and transitioning the country to a first-world economy that every Kenyan will be proud to call home.

He said Kipchoge and 64 stadia in Uasin Gishu County are under construction and will be ready to host Mashujaa

Day in October.

Additionally, the President Ruto assured Kenyans that the next General Election will be free, fair and peaceful.

“We are not going to tolerate individuals who incite Kenyans to violence. Our elections will be free, fair and peaceful,” he said.

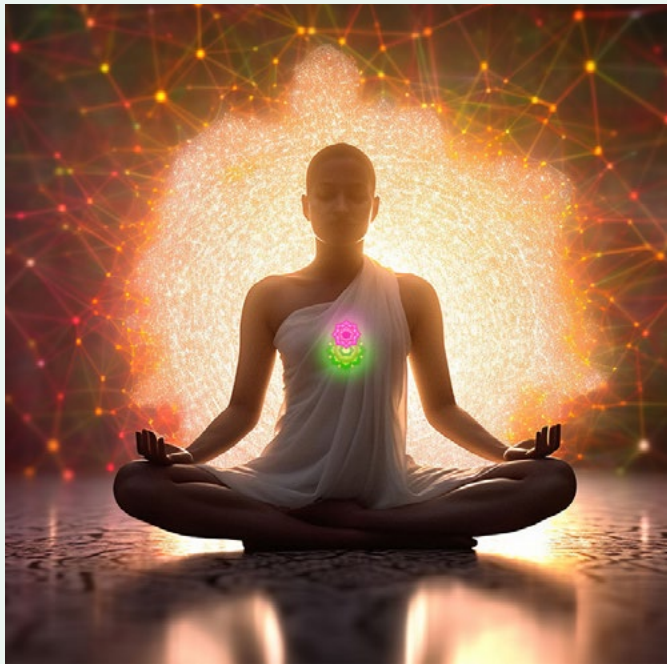
Earlier, President Ruto toured AIC Kamagut Junior School and AIC Kamoret High School in Uasin Gishu County.

He also inspected the ongoing construction of a modern tuition block at AIC Samoei Model Junior School and the new Kamagut West AIC Church.

“We are expanding access to quality education so that every child, regardless of their background or circumstance, has an equal opportunity to learn, unlock their potential and build a better future,” said President Ruto.

Uasin Gishu Governor Chelilim Bii and Senator Jackson Mandago told Opposition leaders to sell their agenda to Kenyans instead of engaging in tribal politics.

Meditation on twin hearts



Meditation on twin hearts is a technique developed by Master Choa Kok sui to help humanity!

You may wonder that we only have one heart then why twin hearts? We are referring to Heart energy Centers (Chakras)

The Heart Center feels the love for the people close to us which can be called as conditional love

The Universal Heart Center (Crown) is the center of receiving God universal love which is (top of the head in case you are wondering). This Crown Center receives the love of God and this love is unconditional, it does not discriminate.

This Twin Hearts meditation is guided and starts with, by thinking of happy moment in your life that bring happiness within you and feeling the energy of love instantly. This helps in activating the Heart chakra. You feel the love for yourself and love for your loved ones! Once the heart chakra is activated you are asked to bless every person every being on this earth with peace, love, forgiveness, faith, hope, light and Joy.

Then you are asked to concentrate on your Crown Center to activate to receive God’s love. Once it is activated by thinking of another happy moment you are asked to bless from the Heart and Crown Centers and then from both these hearts every person every being with harmony peace good health, oneness, loving kindness, sweetness, goodwill and the Will to do good!

This process generates lots of divine energies! As the Universal Law “ it is in giving we receive,” so when we

bless generously the entire population of the world and every being on earth we are blessed many, many times and when we bless others with things we lack we are blessed with them many folds!

Good karma is generated with this service of blessing humanity, raising the vibration of humanity! Good luck increases! Lots of cleansing takes place on all levels within us!

Our intuitive faculty develops to higher levels, improves intelligence, focus, clarity of thoughts helps right and left brain to balanced!

Our auras filled with good energies, we attract good things in life!

As we change things around us change!

On the health aspect this meditation enhances immunity levels for each of us! Strengthen the lungs and respiratory systems!

In the times of pandemic we all are working towards enhancing and boosting our immunity!

One tool with so many benefits!

It takes 21 min of your time add another 10 min to exercise before and after the meditation to avoid any form of congestion or blockages in the energy channels or meridians!

There are certain precautions for the people with Hypertension and pregnant women, Glaucoma, Severe heart conditions, Heavy Smokers and Alcoholics.

Anyone from 16 years of age and above can practice it daily any time of the day!

Children between 12-16 can practice it once a week!

Highly recommended for students to sharpen their minds and retain information.

NEWS

Ruto Sets New Rules for Lake Magadi Soda Ash Miners

Companies that will be contracted for mining tenders at Lake Magadi will be required to establish processing and manufacturing facilities for value addition in Kenya, President William Ruto has said.

The President was emphatic that Kenya must end the practice of exporting minerals and other raw materials while importing finished products, noting that such arrangements deny the country jobs, wealth and industrial opportunities.

“Our minerals must create value at home, generate wealth for Kajiado, create jobs for our young people and stimulate local industries,” he pointed out.

Stating that the Magadi contract will be advertised following the expiry of the 100-tenure for Tata Chemicals Ltd, President Ruto explained that the Government will no longer allow one company to monopolise operations in Magadi at the expense of local residents and the wider economy.

Magadi is rich in soda ash, a mineral used in the manufacture of glass, chemicals and other industrial products.

President Ruto reiterated that the decision to end Tata Chemicals’ contract is irreversible, saying the arrangement has been exploitative and extractive and failed to deliver adequate benefits to Kenyans, and particularly the residents of Kajiado.

“For nearly 100 years, Kenyans, especially the people of Kajiado, have not received their fair share of benefits from the minerals extracted from their land,” he said.

The President was speaking at various stops in Kajiado West and Kajiado East constituencies on Saturday. He began at Kibiko and then proceeded to Nguruman, MASHUURU and ended the second day of his tour of Kajiado County this week at Kitengela.

Present were Cabinet Secretaries Eric MUGAA (Water) and Davis CHIRCHIR, Kajiado Governor Joseph ole LENKU and MPs Kanchory ole MEMUSI (Kajiado Central), Samuel PARASHINA (Kajiado South), Kakuta Maimai (Kajiado East), George Sunkuiya (Kajiado West), Leah Sankaire (Women



Rep) and Lemanken Aramat (Narok East).

The President criticised politicians opposed to the termination of Tata Chemicals contract, accusing them of defending arrangements that do not serve the interests of Kenyans.

“You have no clarity on the Magadi issue. You talk about the rule of law, but there is no rule of law that undermines the interests of Kenyans and the people of Kajiado,” he said.

The President pointed out that Kenya is an independent country capable of negotiating partnerships that serve its interests and those of its people.

He said the era of exploiting Africa through unfair commercial deals must come to an end, noting that he has consistently advanced this position on international platforms.

“This is the message I took to the G7. Africa is not subservient. We need partnerships, not exploitative and extractive contracts,” he said.

President Ruto explained that Kenya and other African

countries will continue to welcome investors prepared to enter into mutually beneficial agreements.

“We are demanding sovereign equality, justice and fair relationships. I will say this in Washington, Paris and London,” he said. “Africa is no longer about acquiring debt and borrowing. We will generate our own resources.”

The President announced that 90 per cent of the 240,000 acres of land that was appropriated by colonial authorities for Magadi Soda mining will be returned to the people.

The Government will also accelerate the issuance of title deeds to the residents to secure land ownership and unlock its economic potential.

The President said his commitment to taking development to every part of the country is unshakable, adding that the politics of discrimination and marginalisation belongs to the past.

On politics, he urged Kenyans to carefully vet leaders seeking elective positions, saying the country would

only make progress if leaders are elected on the basis of integrity, competence and a demonstrable track record.

He dismissed claims by some politicians that nothing is happening in the country, saying numerous development projects are being implemented across all regions.

“We will not be distracted by politics. We will focus on development,” he said.

The President commended communities in Kajiado for peaceful co-existence and urged them to work together in harmony to speed up development.

“Reject those seeking to cause division by preaching tribalism and propagating animosity,” he said.

Regarding healthcare, President Ruto pointed out that there is evidence in every part of the country that the Social Health Authority (SHA) is expanding access to medical services, adding that the Government will continue strengthening the programme.

“In every village and corner of Kenya, people can testify

that SHA has paid for their healthcare at KSh20,000, KSh30,000, KSh50,000 and KSh100,00. We will continue to strengthen SHA and make it even better,” he said.

In Kajiado County, the President noted, 749,000 people have registered with SHA while KSh2.7 billion has been disbursed to hospitals and health facilities in the county.

He contrasted SHA with the defunct National Hospital Insurance Fund (NHIF), saying the former scheme benefited employed and salaried Kenyans while SHA is designed to cover citizens regardless of their employment or economic status.

On education, he said the Government has implemented major reforms, including streamlining the Competency-Based Education system, recruiting 100,000 teachers and building 23,000 additional classrooms.

He said the measures have expanded access to education and promoted greater equity for children across the country.

The President began his working tour of Kajiado by

launching the construction of the Ngong–Kibiko–Kangiria Road in Kajiado West, a 22km project linking Kajiado and Kiambu counties.

The KSh1.4 billion road will connect Ngong and Kibiko through Kangeria and onwards to Gikambura, reducing travel time and transport costs while improving access to markets, schools and health facilities.

President Ruto also launched Phase Two of the Nguruman Irrigation Project, a KSh560 million initiative that will bring 2,000 additional acres under irrigation, boosting food production and household incomes.

He said Phase Three of the project will be rolled out soon, eventually bringing the total area under irrigation to 20,000 acres. Consequently, a dam will be built to support the expansion, with financing from the National Infrastructure Fund.

President Ruto also inspected the ongoing construction of the Isara-Mashuuru–Imaroro road, a 72km corridor serving Kajiado East, Kajiado Central and Kajiado West constituencies.

Further, the President inspected the construction of student hostels at Kajiado East Technical and Vocational College, visited the Kitengela Modern Market that is under construction and presided over the groundbreaking of the Kitengela Affordable Housing Project.

He defended the use of the Roads Maintenance Levy in raising more funds in an effort to build more roads, saying this has enabled the ongoing construction of 6,000km of roads and payment of pending bills in the sector.

The President’s development agenda received strong backing from local leaders, who credited his administration with accelerating infrastructure and social development projects and expressed support for his re-election bid.

Mr Lenku said Kajiado residents are pleased with the projects being implemented, stating this will translate into votes for President Ruto in the 2027 polls.

Mr Sunkuiya said residents of Magadi and Kajiado have gained little from the 100-year old mining operations and welcomed the government’s decision to review the existing arrangement.

Ruto Highlights Gains in Police Reforms

Comprehensive reforms being implemented in the National Police Service are beginning to bear fruit, President William Ruto has said.

The President cited improvements in infrastructure, remuneration, training, equipment and technology.

Among the key achievements, he pointed out, is the construction of 252 police stations in the past four years.

The President spoke during the 59th Passing-Out Parade for Administration Police Recruits at the National Police College in Embakasi, Nairobi, on Friday.

Since 2022, President Ruto noted, the Government has recruited and trained 10,000 officers and provided additional professional training to more than 31,000 serving officers.

He said the National Police Service Referral Hospital at Mbagathi in Nairobi has been completed, while the Forensic Laboratory has been constructed and is being progressively equipped.

The Government, he added, has operationalised the Multi-Biometric Identification System and introduced police hire services through e-Citizen, while work is continuing on the National Police Service Information Management System, including the Digital Occurrence Book.

President Ruto said the reforms are transforming the service into a more professional, properly equipped, technologically capable and accountable institution.

Present at the event were Interior and National Administration Cabinet Secretary Kipchumba Murkomen, Inspector-

General of Police Douglas Kanja and National Assembly Administration and Internal Security Committee Chairman Gabriel Tongoyo, among other dignitaries.

President Ruto said the recently unveiled General Duty police uniform is also part of the wider reform programme aimed at strengthening professional identity, operational suitability and the dignity of police officers.

The Government has also completed a three-phase salary review that increased the entry-level basic salary of a police constable by 36 per cent.

Other measures include expansion of police housing, strengthening healthcare through the Usalama Cover, and improvement in mobility and protective equipment.

President Ruto, however, said the success of the reforms would ultimately be determined by how police officers exercised the authority entrusted to them.

"Reform is not measured by what an institution owns, but by how it serves," he said.

"The true measure of progress is whether citizens feel safer, heard and protected when they encounter the police."

The President described the Administration Police Service as a critical component of Kenya's national security architecture, particularly in areas where difficult terrain and complex security threats require specialised capabilities.

AP officers, he said, play a key role in securing borders, protecting critical installations and strategic assets, and combating banditry, terrorism, livestock theft and organised crime.

Beyond security

operations, he said, the officers work closely with communities to prevent conflict, resolve disputes and promote peaceful coexistence.

"This makes a combination of operational strength, restraint and community partnership essential to your work," he told the officers.

The President said the Police Service is open to a fair public scrutiny.

"Accountability is a constitutional obligation," he said, stressing that every decision and every shilling spent on police reforms should withstand public scrutiny.

He said honest scrutiny based on facts, evidence and truth strengthens institutions, protects public resources and serves the public interest.

President Ruto challenged the newly trained Administration Police officers to uphold integrity, respect human rights and exercise State authority with restraint as they begin their service to the country.

He said the character of security officers was as important as the strength of the institutions and capabilities placed at their disposal.

The nine months of rigorous training they had completed, he said, marked the transition from preparation to duty and the "assumption of a solemn national responsibility".

He reminded the graduates that their authority ultimately derives from the Constitution and belongs to the people.

The officers, he said, would be entrusted with preserving peace, enforcing the law and protecting the rights and dignity of every Kenyan.

"Your uniform is a symbol of public trust, not a licence to intimidate," President



Ruto said. "Every Kenyan you encounter deserves to be treated with dignity, fairness and respect."

He further reminded the officers that their authority does not come from their rank, weapons or uniforms, but from the Constitution and, ultimately, from the people of Kenya.

He urged them to exercise that authority strictly in the public interest and uphold professionalism, discipline, transparency, accountability and respect for human rights.

The President also stressed the importance of protecting constitutional freedoms, including freedom of expression, association, assembly, demonstration and political participation.

He said effective policing should be judged by whether officers respond when called, apply the law fairly, reject corruption, protect vulnerable people, respect human dignity and treat all Kenyans equally before the law.

President Ruto urged the officers to build public confidence through their conduct, noting that their integrity would often be tested in situations where no commander is watching and no commendation is guaranteed.

"Integrity is what you do

when no one is watching and when no reward is promised," he said.

He challenged them to remember their oath of office, training and responsibility to the Republic whenever they faced difficult choices.

"Serve with courage, but never without restraint; exercise authority, but never without accountability; and enforce the law, but never without humanity," he told the graduating officers.

Earlier, President Ruto received the national flag from the Kenyan contingent that served in Haiti under the Multinational Security Support Mission.

Kenya concluded its role in the mission in April 2026 following the transition of security operations in Haiti to the Gang Suppression Force approved by the United Nations Security Council.

The President paid tribute to the Kenyan officers for their courage and professionalism in one of the world's most challenging security environments.

"Our officers who served in Haiti demonstrated extraordinary courage, discipline, professionalism and patriotism," he said.

He said the officers had stood firm in the face of

grave danger, helping restore stability and protect communities in a country ravaged by gang violence and insecurity.

President Ruto also laid a wreath in honour of police officers who had died in the line of duty.

"These gallant men and women made the ultimate sacrifice, serving our nation with courage, discipline and patriotism," he said.

Mr Murkomen noted that the reforms being implemented in the National Police Service are yielding results and assured officers that the Government would continue providing the necessary support, particularly in addressing their welfare and mental health.

The Interior CS expressed concern over cases of suicide and serious crimes involving police officers, saying the Government would strengthen mental health support and other welfare interventions within the service.

Mr Kanja said the National Police Service is implementing far-reaching reforms, including the adoption of people-centred policing aimed at strengthening relations between officers and the communities they serve.

FEATURE

How to turn curiosity into your superpower!

At what point in your career did you become the person who's supposed to already know the answer? Chances are, needing to be right often stops you from asking what else might be true. The more expertise you build, the more it feels like it costs you to say "I don't know." So you don't. You defer the question or quietly look it up on the side. Anything but admit ignorance out loud. While 95 percent of US workers describe themselves as curious, 44 percent say asking too many questions can make someone look incompetent. There's the paradox: We're curious, but we're not always comfortable being seen not knowing all the answers. Here's what nobody tells you: Curiosity requires us to spend more time in the unknown. Curious people get ahead because they've turned it into a skill, a lifelong habit. Here are three ways to turn your curiosity into a superpower, too:

1. Don't rush to close the gap — sit in the unknown a little longer

What happens when none of the existing answers are good enough?

Orthopedic surgeon Kevin B. Jones treats sarcoma, a rare cancer that often forces doctors to make high-stakes calls without all the answers. When one of his patients was facing the loss of her knee, Jones and his team refused to settle for the obvious fix. They kept asking what else might work, and found a solution nobody in the room expected. The next time you hit the edge of what you know, ask one more question first. Find the person who knows the thing you don't.

2. Chase what fascinates you

Mark Rober turned 16 billion views into a \$60 million bet: Kids learn fastest when something makes them desperate to see what happens next, not when they're handed the facts upfront. That's why he



decided to launch his science education program for free, unlocking access to learning for the next generation of curious humans.

The next time something makes you want to know what happens next, follow it — even if it has nothing to do with your job. You never know what you might uncover!

3. Say the questions out loud, not just to yourself

Standing in front of the pyramids of Teotihuacan, Harini Bhat, PharmD realized she had no idea what she was looking at. Earlier in her career, not knowing had felt uncomfortable — she was

used to being the expert. This time, she followed the questions instead. That night she researched the pyramids, made a video about it, and woke up to 40,000 new followers. Her audience has since grown into the millions.

"People don't make discoveries because they already know things," Bhat says. "They make discoveries because they get obsessed with the stuff they don't know."The next time you're curious about something, say it out loud to a colleague, on a call or in a post. Curiosity spreads. Someone else's answer, or their own question back, might take you

somewhere you wouldn't have gotten alone.

Put yourself in the room built for curiosity

Imagine being in a room where not having the answers isn't awkward, but expected. A room where chasing what fascinates you doesn't need justification. Where the person next to you sees your question differently than you do — and pulls you even deeper into it.

Imagine saying "I don't know" out loud and watching people lean in, excited to learn together.

Source: LinkedIn TED Conferences 2027

Lord Mahavir Swami & Giants Group Twiga Mega Blanket Distribution Project



Area. Mukaa Kilime Kiu corridor & Kalonzoni corridor County - Machakos & Mwingi LORD MAHAVIR SWAMI FOLLOWERS & GIANTS GROUP TWIGA Distributed 4900 blankets and goodies to 20 Schools in The above Areas 2026 - this was the 4th Distribution in the above Counties The project

is aimed at keeping the Students warm during the cold season Thanks to Ambassador Mutiso for arranging the logistics The HOI of the schools and the students thanked the donors for their generosity and the blankets will help them keep warm in the present cold season

The Journey Of Distribution of Blankets will continue In 2027



We have all heard of the saying, “An apple a day keeps the doctors away”. This is because fruits, such as apples, have beneficial factors that are required to sustain a healthy body. Not only are fruits delicious, but they are very nutritious too.

Nature has an abundance of fruits at its disposal, but you don't need to have all of nature's blessings together. Each kind of fruit adds a different set of nutrients and therefore, we will be talking about some of the most common fruits that can also be called “superfoods” which you can incorporate into your diet to stay healthy.

Apples

Apples are full of nutrients and are widely popular in any market. Apples have both soluble and insoluble fibers. As a result, blood sugar levels are regulated in the body. The fibers also assist in the digestion of food and keep the gut and heart healthy by ensuring proper functioning. Apples also provide a good supply of Vitamin C as well as plant polyphenols. The latter are plant compounds that assist in fighting diseases. Moreover, having apples regularly lowers the chances of heart diseases, strokes, cancer, and other neurological disorders.

It is worth mentioning that while having apples, don't peel off the skin. Polyphenols are usually found underneath the skin and therefore, consuming apples with their skins is quite healthy.

Blueberries

Blueberries work as great antioxidants. They also have anti-inflammatory properties which are helpful to tackle injuries. The blue colour in these blueberries comes from anthocyanin. Anthocyanin fights free radicals which

damage cells and thus prevents many diseases such as type 2 diabetes, heart diseases, obesity, and various forms of cancer. Blueberries are also known for helping memory retention. You can check out other berries too for similar properties. Blackberries, cherries, etc. are also high in anthocyanin.

Bananas

We all know bananas are rich in potassium but they have more minerals as well. For instance, vitamins B6 and C, and magnesium are also packed in bananas. Polyphenols, as mentioned earlier, are also abundant in bananas. In addition, bananas have phytosterols. Both these compounds ensure proper health for your body. Bananas also offer prebiotics which is a kind of fiber that supports beneficial bacteria to grow in your gut. Ripe bananas are a great treat before exercises as they readily provide energy since they are easily digested carbs. On the other hand, unripe bananas are rich in resistant ones. These green bananas provide a good supply of dietary fiber pectin. Hence, your digestive tract is catered for, and your blood sugar level is also maintained.

Oranges

Citric fruits, such as oranges, are great for their vitamin C content. In addition, oranges also have a lot of potassium, folate, and vitamin B1. Polyphenols are also present in these succulent fruits. Having one orange a day reduces the chances of having cholesterol or high blood pressure. Oranges are also known to have anti-inflammatory properties, plus, their ability to lower sugar levels are a meal. While having orange juice is helpful, try to opt for having whole oranges, including pulp. This pulp, albeit low in

quantity, adds a little bit of fiber to your diet.

Mangoes

Mangoes, also called the “king of fruits,” are a tropical delicacy. They are also high in potassium and folate and have a plethora of vitamin contents. Mangoes have vitamins A, C, B6, E, and K. They are known to reduce inflammation and also consist of polyphenols. Mangoes have a special compound named mangiferin. This compound is an antioxidant and protects from chronic illnesses, for instance, heart diseases, Alzheimer's, type 2 diabetes, Parkinson's, and particular types of cancer. Mangoes are also fibrous, and thus initiate good bowel movements to aid digestion.

Avocado

Did you know that fruits can provide fat to your diet too? Avocadoes are one such fruit that offers healthy fats. The natural sugar levels are also minimum, meaning you get an efficient output from the fruit. A monounsaturated fat named oleic acid is found in avocadoes. This monounsaturated fat is beneficial for our body unlike saturated fats from animal sources. Just like mangoes, avocadoes are also rich in potassium, folate, and plenty of vitamin contents. Vitamins B6, E, and K are present in avocadoes. This unique fruit also has two carotenoids that sustain healthy eyes. This fruit also has more calories than others. The fat in avocadoes is known to lower harmful cholesterol levels. Avocadoes help in weight management due to the high fat and fiber present. These contents tend to make the consumer feel full and thereby reduce further intake of harmful carbs and fats. So, if you wish to slim down or decrease your cholesterol levels, try having an avocado

a day for a long period to get positive results. Don't expect results in a week or two.

Pineapple

Whether you prefer pineapples on pizzas or not, you can't deny the health benefits this tropic fruit offers. Pineapples have a huge amount of vitamin C and manganese. The latter increases metabolism and helps to regulate blood sugar levels. Pineapples also have antioxidant properties. The antioxidant properties come from the polyphenolic compounds present in pineapples. This means the fruit is also great to reduce inflammations. Pineapples have bromelain, which is an enzyme used for tenderizing meat.

Pomegranates

Pomegranates are highly rich in their antioxidant contents. Having a long list of plant compounds, the health benefits this fruit provides are numerous. Flavonoids, tannins, and lignans are present which assist in the aforementioned antioxidant properties but also support tackling inflammations. They deal with free radicals and thus lower the chance of developing chronic diseases. If you find it difficult to have whole pomegranates, having juice made from the fruit has also been accounted for delivering promising results.

Final Words

Our earth is gifted with plenty of delicious fruits that help to sustain a healthy body. These fruits are not only nutritious but also help to prevent diseases beyond our comprehension. These blessings from nature are for us to reap. Let's not regret later on by missing out on the wonderful opportunity to maintain good healthy simply by incorporating a few fruits into our diets.

Safer Power Group Ltd-SBM Bank 17 Million USD Partnership



SBM Bank Kenya Chief Risk Officer Edgar Mwandawiro (right) cuts ribbon to launch Safer Power Group Limited Safer Industries Manufacturing Factory and the Green Hydrogen Proof of Concept together with the Safer Power Green Hydrogen Roadmap during the company's 10th anniversary celebration in Athi River in Machakos county on Thursday August 27th, 2027. With him from left is Rev Dr Matthews Mwalw'a ,Uasin Gishu Senator Jackson Mandago, Machakos CEC -Public Works and Energy John Kilonzo, Safer Power Group Limited CEO Eng. Dalmus Mbai and Nation Media Group Managing Director and CEO Geoffrey Odundo. SBM Bank and Safer Power Group Limited unveiled a partnership that will see the bank extend USD 17 million financing to support green energy manufacturing work and construction of a factory.



From Left: Uasi Gishu Senator Jackson Mandago, SBM Bank Kenya Director, Corporate, Commercial & Institutional Banking Eric Wambua, Safer Power Group Limited CEO Eng. Dalmus Mbai and President Institution of Engineers of Kenya (IEK) Eng. Harison Keter (right) chat during the launch of Safer Power Group Limited Safer Industries Manufacturing Factory and the Green Hydrogen Proof of Concept together with the Safer Power Green Hydrogen Roadmap during the company's 10th anniversary celebration in Athi River in Machakos county on Thursday August 27th, 2027. With him from left is and Nation Media Group CEO Geoffrey Odundo. SBM Bank and Safer Power Group Limited unveiled a partnership that will see the bank extend USD 17 million financing to support green energy manufacturing work and construction of a factory.

OPINION



India: The Trusted First Responder

When a giant wave of sea-water struck Chennai's Marina Beach on the morning of 26 December 2004, pulling in its wake fisherfolk and a group of children playing cricket, little did their brethren know that an entire region had been struck and that, across the Bay of Bengal, local people and foreign tourists on Thai and Indonesian beaches had also been swept away.

The Indian Ocean Tsunami of December 2004 was a natural catastrophe of a magnitude not experienced by humanity in recent times. It resulted in the death of almost a quarter million people and displacement of a couple of million people in 14 countries of the Indo-Pacific.

It also marked the coming of age of India's HADR (Humanitarian Assistance and Disaster Relief) institutional capacity. India not only dealt with death and destruction in its mainland, particularly in the coastal states of Andhra Pradesh and Tamil Nadu as well as major devastation in its island territories of Andaman & Nicobar (A&N) islands but also provided speedy assistance to countries in south and south-east Asia including Sri Lanka, Maldives, Thailand



By Amb. Suchitra Durai

and Indonesia. Simultaneously, India launched five HADR operations, two national and three international – Operation Madad (coastal south India), Operation Sea waves (A&N), Operation Castor (Maldives), Operation Rainbow (Sri Lanka) and Operation Gambhir (Indonesia). These involved the three defence services and the Indian coast guard – more than 40 ships, several transport aircraft and helicopters as well as more than 20,000 military personnel were deployed.

India's actions led to its recognition as a credible first responder in the Indo-Pacific region. Soon thereafter, the Disaster Management Act of 2005 was adopted by the Indian parliament providing the legal and institutional framework for disaster preparedness, mitigation and response, a three-layered structure at the national, state and district level and the establishment of a dedicated force, the National Disaster Response Force (NDRF) to respond to such calamities.

The 2004 Tsunami also saw the coming together of the navies of four countries – Australia, India, Japan and the US – to coordinate the delivery of assistance in a collaborative effort that eventually evolved into the Quad.

India has handled several major natural disasters in the last few decades both in its immediate neighbourhood as well in distant lands.

In December 2014, India undertook one of its most complex humanitarian missions, Operation Neer, to supply drinking water to the Maldives after that country's only desalination plant broke down. Indian Air Force aircraft and Indian naval ships worked round the clock to supply more than 1,500 tonnes of drinking water to the Maldives becoming the first country to respond to the request from the Maldives.

In April 2015, when a massive earthquake hit Nepal, India launched a comprehensive rescue and relief mission in the form of Operation Maitri within six hours of the initial tremors. Several thousand stranded Indians and foreign nationals were evacuated by air and land routes and hundreds of tons of essential material were delivered. Several field hospitals were set up. After the relief operations were completed, India launched a major rehabilitation and reconstruction package of around USD 2 billion for Nepal.

Following a devastating earthquake that struck Myanmar in end March 2025, India

launched Operation Brahma, a huge tri-services combined with NDRF mission that supplied over 750 MT of materials and equipment including essential medicines and food aid. Field hospitals were set up in Mandalay, while engineering teams were deployed for reconnaissance and assessment of structural damage. Op Brahma was a classic whole-of-government HADR endeavour by the Government of India.

In end 2025, India provided massive support under Operation Sagar Bandhu to Sri Lanka that was hit by cyclone Ditwah. Food, equipment, medicines and other essential items were provided and more than 1000 tons of dry rations were supplied.

Beyond its immediate neighbourhood, India also responded with alacrity to requests from Türkiye and Syria when they were struck by earthquakes in 2023. Under Operation Dost, India was a first responder sending large Search and Rescue (SAR) teams of more than 250 personnel along with medical teams and dog squads to both countries as well as materials support.

In March 2019, India provided HADR to cyclone-hit Mozambique and in 2023 provided assistance to Malawi which was affected by a tropical cyclone.

Recently, on 26 June, 2026 India undertook its most ambitious HADR initiative when 30 tons of humanitarian relief materials accompanied by a 41-member team comprising experienced rescue personnel and medical professionals arrived in two C-17s to earthquake hit Venezuela.

During the Covid-19 pandemic, India supplied 300 million doses of vaccine to 99 countries and

2 United Nations entities under the Vaccine Maitri initiatives since January 2021, along with essential medicines and medical support.

For India, HADR has moved from being an episodic activity to a continuous global engagement. It is an essential feature of India's foreign and security policy that was formally enunciated in the Security and Growth for All in the Region (SAGAR) doctrine announced by Prime Minister Modi during a visit to Mauritius in March 2015 which underpins India's approach to the Indian Ocean Region; it became an intrinsic part of our Indo-Pacific Vision and Indo-Pacific Oceans Initiative (IPOI) announced in 2019 and evolved into the MAHASAGAR vision outlined by PM Modi in March 2025.

India's approach is not merely reactive. It has also put in place frameworks for international cooperation in the area of prevention and mitigation through contributing towards the setting up of an international tsunami warning system as well as the launch of the Coalition for Disaster Resilient Infrastructure (CDRI). The CDRI (comprising 60 member states) works with 25 small island developing states to build disaster resilient infrastructure including schools, hospitals and homes.

By providing need-based and rapid assistance during emergencies and through its efforts to develop capacities for mutual benefit, India is seen as a reliable first responder and a force for global good.

Suchitra Durai
Former Ambassador of India to Thailand and Former High Commissioner of India to Kenya

India-Southeast Asia’s Living Civilizational Ties

India’s Independence Day is not only a celebration of our freedom; it is a reminder that India’s story has never been confined to the borders of the subcontinent. For millennia, the ideas, epics and aesthetics of Indian civilization have sailed with the monsoon winds, walked with pilgrims, and travelled with traders to the lands of Southeast Asia. Today, as we mark 15 August, we also celebrate this shared civilizational journey with Indonesia, Malaysia, Singapore, Thailand, Vietnam, Cambodia, Lao PDR, and Myanmar, as a living, breathing bridge between our peoples.

In the Indian tradition, a yatra is never just a physical journey; it is a voyage of the soul. One such voyage still lives in the memory of eastern India: the historic Bali Yatra of Kalinga, in present-day Odisha. Each year, on the banks of the Mahanadi, people float tiny boats to commemorate ancient sailors who set out for Bali and beyond, carrying textiles, spices and stories. They did not go merely as traders; they went as storytellers of the Ramayana and Mahabharata, as builders of temples, as bearers of the idea that the Divine resides in all creation. Centuries later, when we walk through Bali’s villages and see Hindu shrines, hear Ramayana stories woven into local arts, we realize that this maritime bridge never truly broke. It simply changed form.

That bridge is being consciously strengthened today. During his recent State Visit to Indonesia in July 2026, Prime Minister Narendra Modi visited the magnificent Prambanan Temple Complex near Yogyakarta, the largest temple dedicated to Lord Shiva in Indonesia. There, alongside President Prabowo Subianto, he unveiled a plaque marking the beginning of the Archaeological Survey of India’s conservation and restoration work at this UNESCO World Heritage Site. Prambanan is not just stone on stone; it is poetry in basalt. Its famed Ramayana performances are regarded as among the purest and most sophisticated in the world, Indonesian artistry giving new life to an Indian epic and Indian experts now helping to preserve that shared heritage for future generations.

This spirit of partnership is visible across the Mekong and beyond. In Lao PDR, India has joined hands in restoring Vat Phou, an ancient Lord Shiva temple turned Buddhist site at the base of the sacred



By Amish-Tripathi



Lingaparvata mountain. Here, the stones speak of Shaivism and Buddhism embracing each other, and of how our cultures have never seen faith as a wall but as a window. India is also supporting the preservation of the Ramayana art form Pha Lak Pha Lam, shadow puppet theatre, and murals in Wat Pa Khae that depict Jataka and Ramayana tales, ensuring that local artists remain the living custodians of this epic, not just its audiences.

In Cambodia, India was the first country to step forward to help conserve Angkor Wat after the trauma of conflict. That commitment has continued through restoration projects at Ta Prohm and Preah Vihear, as well as assistance to Ashram Maha Russee Temple and Wat Raja Bo Pagoda paintings.

These are not only technical projects; they are acts of faith in a shared future. Each cleaned stone, each strengthened pillar says to the world that our past is a common inheritance, and its protection is a common responsibility.

Vietnam too has welcomed Indian collaboration. At My Son, another UNESCO World Heritage Site, Indian archaeologists have worked closely with Vietnamese partners to restore temple groups that echo with the memory

of Cham kings and Shaivite rituals. India is also supporting conservation at Nhan Tower and the digitization of Cham manuscripts, bringing ancient wisdom into the digital age so that a young researcher in Hanoi or Chennai can access this shared legacy with a click.

The story of our cultural connect is not limited to monuments. It is carried in sacred relics and living devotion. The recent exposition of holy relics of Lord Buddha and his disciples in Thailand and Vietnam saw millions come forward to pay homage, royalty, leaders and ordinary citizens alike. As these relics travelled from India to Southeast Asia, they retraced the ancient path of the Dhamma, reminding us that compassion and wisdom have always flowed freely across Asia’s borders.

Sometimes, history returns home in tangible form. The repatriation of the Leiden copper plates from Belgium, linked to the great Chola rulers and their maritime exchanges with Southeast Asia, is one such moment.

Those plates are a metal manuscript of connectivity, evidence that Indian merchants and rulers engaged with Indonesia and other lands in a spirit of respect and mutual benefit.

Their return is not just an emotional event for India; it underlines the shared pride that we and our Southeast Asian partners feel in our intertwined histories.

To weave these strands together, India and its Mekong partners have also created new spaces of dialogue. The MGC Asian Traditional Textile Museum in Siem Reap, established under the Mekong–Ganga Cooperation framework, showcases the rich textile traditions of India, Cambodia, Lao PDR, Myanmar, Thailand and Vietnam.

When visitors walk through its galleries and see Ikat from Odisha, silk from Thailand, weaves from Myanmar and brocades from Cambodia displayed side by side, they understand that the loom has always been a diplomat, quietly building trust and familiarity across borders.

New chapters are being written even now. Forthcoming projects include the restoration of Ramayana murals at Wat Pa Khae in Luang Prabang and at the Royal Palace in Phnom Penh, as well as continued support for Buddhist heritage conservation in Bagan, Myanmar. Each project is a promise: that India’s engagement with Southeast Asia will always be respectful of local traditions, grounded in

shared values, and focused on empowering communities.

On this Independence Day, as India celebrates its journey from colonial rule to confident modernity, we do so with gratitude for our civilizational companions. Southeast Asia is not a distant region for us; it is family. Our temples may be separated by seas, our scripts may differ, our languages may sound distinct, but the stories carved on stone and sung on stage tell us that we are part of one great Asian saga.

As we look ahead, India’s resolve is clear. We will continue to invest in preserving shared heritage, in celebrating shared epics, and in creating new avenues, whether in culture, education, tourism or technology, for our peoples to know each other better.

For when civilizations that have walked together for two thousand years renew their friendship in the twenty-first, they do more than honour the past.

They light a lamp for the future, one that can guide all of us, across the Mekong and the Ganga, towards peace, prosperity and a deeper understanding of one another.

Amish Tripathi is a bestselling, award-winning author, broadcaster and video game producer

CURRENCY

Kenya Built a Currency Control While It May Not Need One

EBC Financial Group notes that Kenya's new virtual asset regulations created a restriction on local access to foreign dollar-linked stablecoins before the shilling came under pressure, giving the Central Bank of Kenya a way to limit that access if demand for US dollar-linked assets rises later.

EBC Financial Group (EBC) highlights that Kenya gave the Central Bank of Kenya (CBK) power to restrict local access to foreign dollar-linked stablecoins while the shilling was stable and foreign currency reserves were strong, with no immediate currency pressure requiring such a control. The move puts the restriction in place ahead of a possible rise in demand for US dollar-linked assets, particularly as inflation increases and stablecoins provide households and businesses with another route to dollar exposure.

Kenya completed the Virtual Asset Service Providers Regulations, 2026 on 22 July under Legal Notice No. 134. Regulation 60(6) prevents a licensed exchange from listing a stablecoin unless it has CBK approval and is issued by a licensed stablecoin issuer. Regulation 83 allows the CBK to direct licensed firms in Kenya to restrict access to or trading in a stablecoin issued outside Kenya. Stablecoins are digital assets designed to maintain their value against assets such as the US dollar.

David Precious, Senior Market Analyst at EBC Financial Group, said, "The CBK now has the power to limit how Kenyan customers access foreign dollar-linked stablecoins through licensed providers. The important point is that this power was created while the shilling was stable, not during a currency crisis. If demand for US dollar-linked assets rises later, the CBK already has a legal route to act without waiting for another law."

The CBK Secured this Power before the Shilling Faced Pressure

Kenya introduced the stablecoin restrictions while the currency was stable, and foreign currency reserves were strong. That reduces the likelihood that the rules were designed as an immediate response to a falling shilling. Instead, the CBK now has a tool available if future demand for US dollars or dollar-linked assets starts adding pressure to the currency.

The shilling stayed within a narrow quarterly average range



By David Precious, Senior Market Analyst, EBC Financial Group



of KSh129.32 to KSh129.47 per USD throughout the 2024/25 financial year, with a full-year average of KSh129.37 per USD. By 30 July 2026, the shilling was still at KSh129.40 per USD, while foreign currency reserves stood at USD15.4 billion, equivalent to 6.4 months of import cover.

These conditions can reduce the immediate need to defend the shilling or conserve foreign reserves. The CBK nevertheless already has the power to restrict access to foreign stablecoins if stronger demand for dollar-linked assets becomes a source of currency pressure later.

Kenya can Limit Local Access without Controlling Foreign Stablecoin Issuers

The practical effect of the regulations is that Kenya does not need authority over an overseas stablecoin company to influence whether Kenyan customers can access its product through licensed firms. Together, Regulations 60(6) and 83 let the CBK control both initial listing and continued access to foreign stablecoins through licensed Kenyan providers.

The wider framework also brings companies serving Kenyan customers within local regulatory reach, even when those companies operate from overseas. Licensed applicants must also maintain a Kenyan legal presence, local office and local banking arrangements. This means a stablecoin can continue trading globally while the CBK still decides whether licensed

businesses serving Kenyan customers can provide access to it.

The Importance of Stablecoin: Giving Kenyans another Route to the US dollar

Stablecoin access is important because it allows households and businesses to hold or transfer value linked to the US dollar without using a conventional US dollar bank account. That creates an alternative route to dollar exposure outside traditional banking channels.

Kenya ranks among the five largest crypto markets in Sub-Saharan Africa according to Chainalysis. Across the region, more than USD205 billion in crypto value was received between July 2024 and June 2025, up about 52% from the previous year. The USD205 billion is gross crypto value, not new foreign currency entering African economies, but it shows the scale of digital-asset activity around markets such as Kenya.

Chainalysis also identifies stablecoins as tools used across Sub-Saharan Africa for cross-border trade and protection against inflation or currency weakness. Kenya's annual inflation rose from 4.4% in January to 6.5% in July 2026. Higher inflation can make US dollar-linked assets more attractive to households and businesses looking to preserve purchasing power. It does not prove that Kenyan customers are already moving into stablecoins in large numbers, but it can give

the CBK a reason to have the legal power ready before such demand becomes large enough to affect the shilling.

Kenya Lowered Entry Costs but Kept Tighter Control Over Foreign Stablecoins

The minimum paid-up capital for a stablecoin issuer was reduced from KSh500 million in the consultation draft to KSh300 million in the final regulations. Wallet providers require KSh150 million and exchanges KSh100 million.

The changes separate two policy questions. Kenya has lowered one financial barrier for companies that want to operate legally, while keeping the final decision over foreign stablecoin access with the CBK. Permission to operate does not automatically mean permission to offer every foreign stablecoin.

"The capital changes suggest Kenya still wants licensed crypto businesses operating locally," Precious added. "The more important test is what happens if the CBK later restricts a widely used foreign stablecoin. Kenyan customers may remain with licensed providers and accept fewer choices, or move towards offshore platforms and direct peer-to-peer trading that is harder for local regulators to monitor."

Next Phase for Kenya: Which Foreign Stablecoins the CBK Allows

The next question is which foreign stablecoins receive

CBK approval and whether the CBK ever uses Regulation 83 to restrict one that is already available. These decisions will shape whether widely used dollar-linked stablecoins remain available through licensed Kenyan providers and how much control the CBK ultimately exercises over local access. They will also give other East African regulators a practical example of whether tighter central-bank control keeps stablecoin activity with licensed businesses or encourages customers to move towards offshore platforms and direct peer-to-peer trading.

Existing virtual asset providers must comply with the Act by 4 November 2026, one year after it came into force. Virtual Asset Service Providers Act, 2025. Kenya also remained under Financial Action Task Force increased monitoring following the 19 June 2026 review. FATF, Jurisdictions under Increased Monitoring, 19 June 2026.

At the same time, the East African Community is implementing its Cross-Border Payment System Masterplan to support more connected regional payment systems and closer regulatory coordination. Kenya's implementation may give neighbouring regulators an early example of how a country can allow a licensed digital-asset market to operate while retaining central-bank control over local access to foreign dollar-linked stablecoins.

Ink, Ambition, and the Coast’s Next Chapter

What the Mombasa SEZ Signing Really Means

By Andrew Mwangura

The scene is classic State House theatre: the polished mahogany desk bearing the Kenyan coat of arms, the national flag standing sentinel, and officials in crisp suits bent over documents as an audience bears witness. Suleiman Shahbal, signing on behalf of Mombasa Free Zone Limited and GulfCap Group, and Mohammed Akoojee, CEO of DP World Africa, put pen to paper. Behind them stands a third official, with President William Ruto presiding. On 8 September 2026, the County Government of Mombasa, Mombasa Free Zone Limited, and DP World formalised a tripartite agreement to develop a 535-acre Special Economic Zone (SEZ) in Jomvu.

Yet this is far more than a photo opportunity. It is a calculated wager on whether Kenya can finally transmute its geographic primacy into genuine industrial muscle.

The Deal in Context

Valued at roughly KSh 12 billion (over US\$100 million), the project occupies land once used as a Kenya Meat Commission cattle staging ground, now leased from the county. Projections range from nearly 8,000 to 10,000 direct jobs in the first phase, with 67 companies already signalling interest. DP World brings global logistics expertise; GulfCap Group (chaired by EALA MP Suleiman Shahbal) provides the local vehicle through Mombasa Free Zone Limited; and the county supplies land and local facilitation.

President Ruto framed the initiative as part of a broader pivot: from a trading and consumption economy to one that manufactures, processes, and exports. In his remarks, he urged the parties to move “from signatures to implementation; from plans to infrastructure; from commitments to investment; and from investment to factories, exports, and jobs.”

That urgency is well-founded. Mombasa remains

East Africa’s premier port gateway, yet it has too often functioned primarily as a transit corridor rather than a production hub. Cargo moves through; value is added elsewhere. The Jomvu SEZ aims to reverse that trajectory by creating an integrated platform for manufacturing, warehousing, assembly, processing, and export-oriented activity within striking distance of the port.

Why This Matters

First, scale and location. At 535 acres, the zone is large enough to host industrial clusters rather than isolated factories. Its proximity to the Port of Mombasa, the Standard Gauge Railway, and regional road networks affords a structural advantage that purely inland industrial parks struggle to replicate.

Second, the partnership model. Pairing a global logistics behemoth with a Kenyan private-sector player and a county government represents a more sophisticated evolution than the pure foreign-direct-investment or



state-led models of the past. DP World’s track record in running free zones and ports across Africa and beyond confers operational credibility, while local ownership and county involvement improve the prospects for political durability and community buy-in.

Third, signalling. Coming after years of talk about industrialisation on the Coast, the formal signing under presidential witness raises the political cost of failure. It also positions Kenya more assertively in the regional competition—particularly against Tanzania, where DP World already holds a significant port concession in Dar es Salaam.

The Hard Questions

Optimism, however, must be tempered by realism.

Land conversion and infrastructure delivery will test capacity. Transforming a former cattle ground into a modern, serviced industrial zone demands reliable power, water, roads, digital connectivity, and efficient customs processes. Kenya’s track record on these enablers is mixed; delays here could quickly erode projected timelines and investor confidence.

Job quality matters as much as quantity. “Nearly

8,000 direct jobs” is a headline number. The more critical questions concern skill levels, local content in employment, and whether the zone creates pathways for coastal youth into higher-value roles rather than predominantly low-skill labour.

Governance and transparency will be closely scrutinised. Public-private partnerships of this magnitude invite intense oversight over land allocation, revenue sharing between national and county levels, environmental safeguards, and the precise terms of DP World’s involvement. Clear, published frameworks will be essential to maintain legitimacy and public trust.

Competition is real. Other SEZs and industrial parks are under development across Kenya and the region. Ultimate success will depend less on the fanfare of a signing ceremony and far more on execution speed, regulatory predictability, and the ability to attract anchor tenants capable of generating genuine export volumes.

The Broader Stakes

This agreement sits at the confluence of three strategic currents: Kenya’s industrialisation push under the Bottom-Up Economic Transformation Agenda,

the AfCFTA’s promise of expanded regional markets, and the global reconfiguration of supply chains, which increasingly rewards reliable, well-located production and logistics nodes.

If the Jomvu SEZ delivers—factories humming, containers departing with finished goods rather than raw materials, and measurable employment and skills transfer—it will fortify the argument that the Coast can transcend its identity as merely a port city. It will also validate a model combining international expertise, local capital, and devolved government support.

If, however, it stalls in the familiar quagmire of delayed infrastructure, bureaucratic friction, or diluted ambition, it will join a long list of promising announcements that never quite materialised.

The pens have been put down. The documents are signed. The real test begins now: whether the ink on those pages can be translated into steel, concrete, skills, and exports on the ground in Jomvu. Kenya’s industrial future on the Coast depends less on the ceremony captured in the photograph and far more on what happens after the cameras leave.

District Governor 9216 Esayas Inspires Rotary Club of Mombasa Nyali

By Dr. Peter M. Oduor-Odote (PhD)

“Be the best, and once you are the best, compete to remain better,” declared District Governor Esayas Yeyesuswork “Musyoka” during his maiden visit to the Rotary Club of Mombasa Nyali on Thursday, July 16, at Mikaye Restaurant.

In his address to the 2026–2027 Board, members, partners, and friends, DG Esayas emphasized that Rotary excellence is not a destination but a continuous journey. He urged the club—already distinguished for its

strong service record—to push beyond comfort zones, innovate in its projects, and ensure that every initiative is communicated clearly to showcase tangible community impact.

His message resonated deeply with the club, reminding members that true Rotary service is measured not only by activities undertaken but by the lives transformed. By amplifying visibility, celebrating achievements, and breaking down solutions to the level of the last beneficiary, he noted, Rotarians create the “lasting impact” that defines the organization’s mission.

Rotary District 9216, newly

carved from the former District 9212, spans Ethiopia, Eritrea, and Kenya’s Central, Eastern, Nairobi East, and Coastal regions. Within this vast network, the Rotary Club of Mombasa Nyali stands positioned as a key driver of service above self—ready to embrace the challenge of being better, stronger, and more impactful in the years ahead. The other District leaders present were Rose Chege, Janet Katisysa, Country Chair Kuria, AGs Mary Osiany, Pina Achilla, Edna Inyangalla and Club members led by PAG Nabil Adamjee, AG Njau Chege, Past Presidents Peter Thuku, Leo Magangi, Dr.

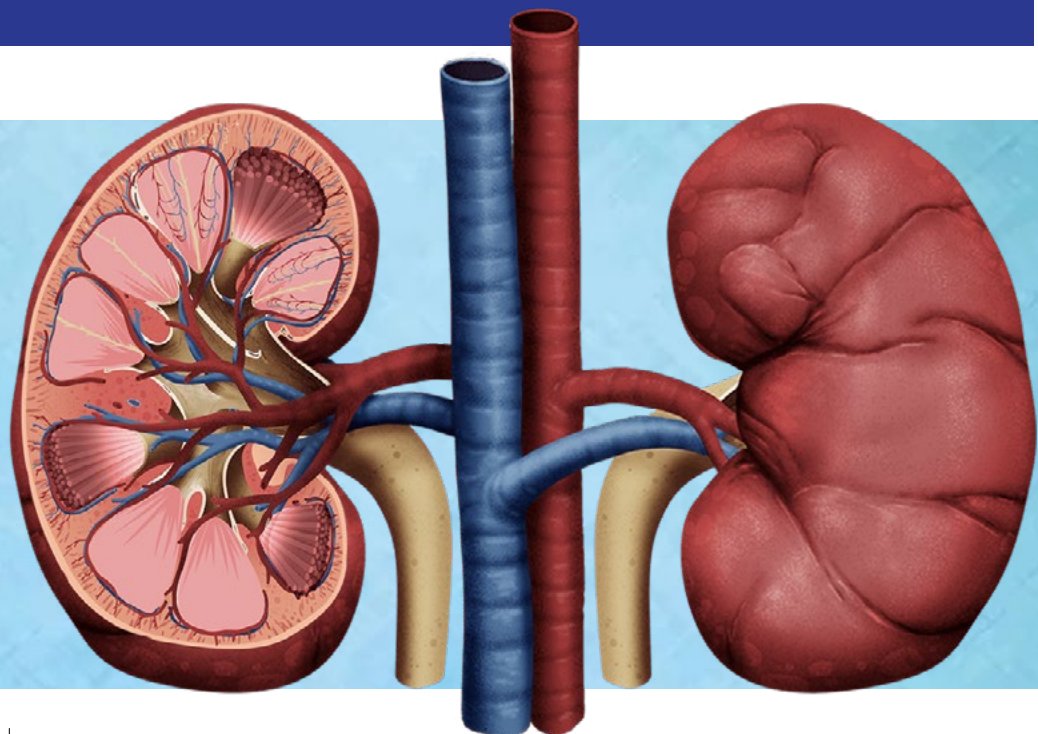


Peter Odote, Sandip Babla, Sunil Murji, Dr. Tetty, Caroline Lumosi, Samantha Jacobs among others



HEALTH

How To Prevent Kidney Stones



Kindly contact the Editor – **Mr. Rishi Arun Parikh** on editor@madafu.biz for interest to distribute **Madafu Newspaper Copies!**

When Sight Meets Software: The Students Building a Voice for the Blind

Five university innovators are turning artificial intelligence into independence — one description at a time

By Wycliffe Mutisya, Technical Tutor/Technical Support, Yaris Institute & Software Developer

A guest speaker's visit to a university class changed everything. She was visually impaired, and she described the small daily struggles most people never think about - asking a stranger to read a bus number, not knowing if a phone screen had unlocked. "It sounds small until you imagine living it every single day," recalls Annjoy Njoroge, one of five students in the room that day.

That conversation became the seed of Blind Eye, a mobile app that uses AI to describe a user's surroundings aloud, in real time, through an ordinary smartphone camera. Over months of late nights in their university's innovation lab, Ombui Mark, Brian Kiplagat, Wycliffe Mutisya, Kevin Ogachi, and Annjoy Njoroge built it from a rough, stilted prototype into a working proof of concept.

"We didn't set out to build something flashy," Mark says. "We set out to build something useful. There's a difference."

Why It Matters

The World Health Organization estimates over 250 million people live with visual impairment, many in countries where assistive devices are expensive or hard to find. The team saw a gap: most existing tools were either costly imports or basic screen readers that couldn't interpret the physical world. Blind Eye was designed to run on the low-cost phones people already own.

"Accessibility shouldn't be a luxury feature," says Kevin Ogachi, the team's data science specialist. "If the



The team behind Blind Eye, together again over coffee.



NTV Kenya's #NTVBUSINESS segment featured the Machakos ICT Hub's AI and mobile application work.

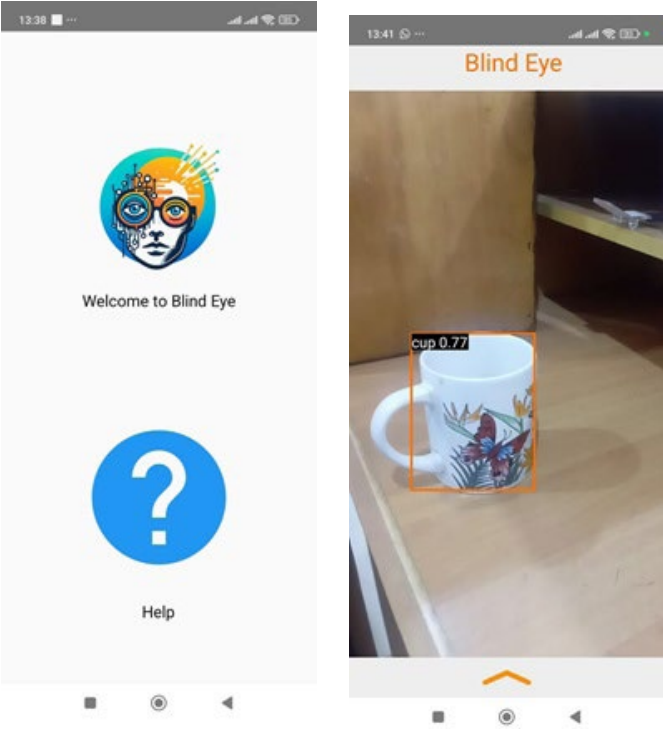
technology exists to make this possible, it should exist on a device people can actually afford."

How It Works

Blind Eye layers three technologies: real-time

image recognition through the phone's camera, an AI description engine built on large language models that turns detected objects into natural spoken sentences, and a lightweight voice- and gesture-controlled interface.

The goal was descriptions that sound human rather than mechanical — not "chair, table, cup," but "you're standing near a wooden table with a cup close to the edge on your left." Annjoy Njoroge spent weeks interviewing visually impaired



Blind Eye's welcome screen, and the app detecting a cup in real time during testing.



The Blind Eye team celebrating a competition win

volunteers to learn how much detail people actually wanted. "We learned that less can be more," she says. "Too much description overwhelms a user. Too little leaves them guessing."

Recognition

The work has drawn attention beyond campus. The team has picked up awards at innovation competitions, and NTV Kenya featured their hub's AI and mobile application work on air.

The Road Ahead

The team has since graduated, and Blind Eye remains a minimum viable product rather than a finished tool. Reducing dependence on constant internet connectivity, expanding language support, and securing funding are the next hurdles — the team is exploring grants, competitions, and partnerships with disability advocacy organizations. "The technology is the easier

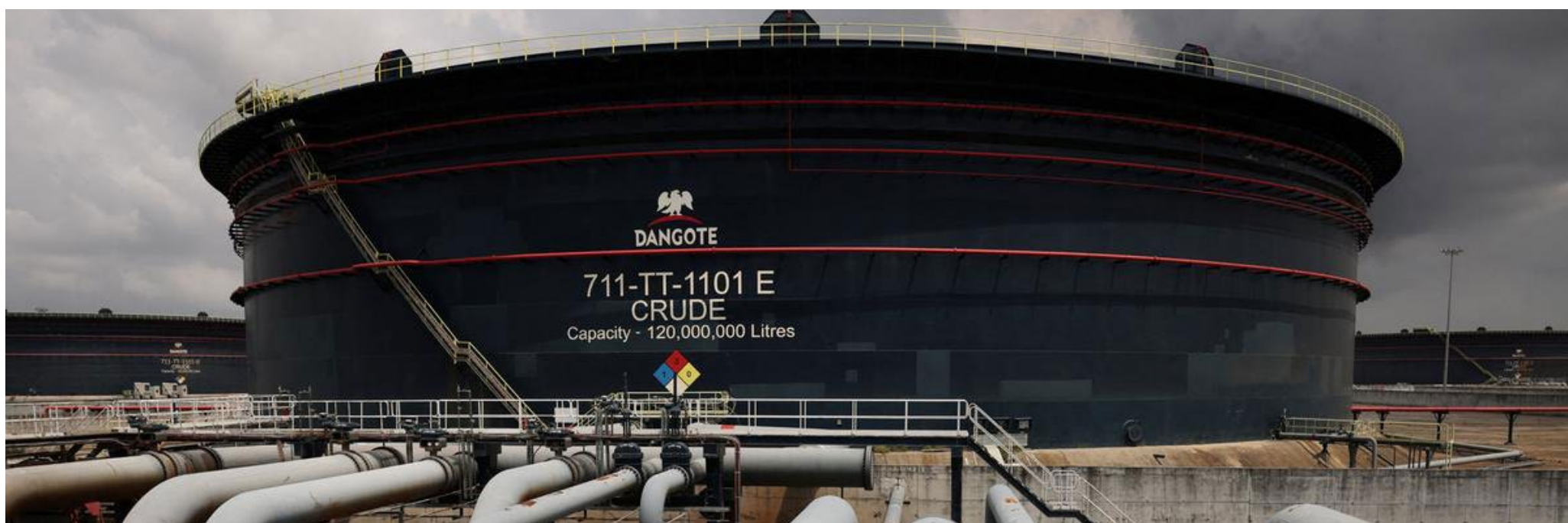
part, honestly," Brian admits. "Getting it into the hands of the people who need it — sustainably, affordably — that's the real challenge."

Mentors Jamleck Kibet and Wycliffe Mutisya have carried the same philosophy — "start with the person, not the technology" — to younger students at Yaris Institute, sparking new projects like a simplified audio-description tool and a marketplace app for local farmers.

"AI is going to keep getting better at understanding the world," Wycliffe says. "The question is whether that improvement reaches everyone, or just the people who can already afford expensive tools. We want to be on the side that builds for everyone."

Written by Wycliffe Mutisya — Technical Tutor / Technical Support, Yaris Institute, Software Developer
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OIL REFINERY



Lamu Refinery: A Game Changer for the Coast, But Are We Ready?

By Prof. Shaukat Abdulrazak

The proposed Dangote oil refinery in Lamu could be a game changer for Kenya and particularly the Coast. The planned facility is reported at approximately 700,000 barrels per day, larger in capacity than Dangote's 650,000-barrel-per-day Lagos refinery. Construction could take up to three years, while the investment could be comparable to the Lagos refinery, which ultimately cost more than US\$20 billion—over KSh2.5 trillion at indicative exchange rates.

For coastal communities, this represents an extraordinary opportunity. But opportunities of this magnitude favour those who prepare early. We must plan forward to minimise agonising and maximise organisation.

The Nigerian experience demonstrates the scale. Dangote reports that more than 30,000 people worked at its refinery project site through contractors. It trained over 400 artisans from host communities, sent 900 young engineers for refinery training abroad and provided specialist training to process engineers.

Dangote knows why he is doing this. What could this mean for Kenya? If the widely cited expectation of around 60,000 jobs associated with the Lamu development and its ecosystem materialises, we should start planning occupational requirements now. An indicative workforce scenario could include 15,000–

20,000 construction and civil workers; 8,000–10,000 welders, pipefitters, fabricators and mechanical trades; 4,000–6,000 electricians, instrumentation technicians and related technical workers; 3,000–5,000 engineers and other professionals; 5,000–8,000 logistics, transport and equipment personnel; and thousands more in safety, security, administration, catering, accommodation and other services.

These are planning estimates, but they demonstrate the scale of preparation required. During my tenure as first chair of LAPSET I had provided a similar scenario, however little was done on human resource preparedness. I hope this time we shall do it right.

The first requirement is therefore a skills audit—immediately. National and county governments especially the coastal ones, working with the investor, should establish precisely what occupations will be needed, in what numbers, at what stage and to what international certification.

The Coast has six counties—Mombasa, Kwale, Kilifi, Tana River, Lamu and Taita Taveta—with a combined population of about 4.3 million people according to the 2019 census. This is a substantial human-capital base that should be mobilised and prepared. A Coastal Refinery Skills Register should identify engineers, technicians, artisans, graduates and young people requiring additional training. A lot of work but



however needs to be done in training—here I am challenging Universities there to prioritize this. My state department is willing to provide advice and guidance on technological and innovation areas.

Second, we should train before recruitment. TVETs and national polytechnics should urgently expand internationally certified training in coded welding, pipefitting, scaffolding, rigging, fabrication, industrial electricity, instrumentation, mechanical maintenance, occupational safety and heavy-equipment operation. Universities should strengthen some areas including chemical, mechanical, electrical, civil and environmental engineering alongside AI, robotics, cybersecurity, automation

and digital systems. A great opportunity to identify and strengthen niche in the sector - Cluster approach.

A dedicated Lamu Industrial Skills Centre of Excellence should be established, complemented by adequate training institutions across the six coastal counties. Hundreds of engineers and technicians should receive refinery attachments locally and internationally before commissioning. I hope country governments will also supplement with adequate financial support to students.

Third, prepare enterprises before procurement. Such a multi-trillion-shilling project will definitely purchase enormous quantities of goods and services. If even 10% of project-related procurement

were competitively captured by our enterprises, the value could potentially run into hundreds of billions of shillings over the development period. Coastal MSMEs should therefore be prepared for opportunities in transport, food, accommodation, construction materials, protective equipment, ICT, engineering, maintenance, security and waste management. The vision of President William Ruto under BETA initiative and now Beyond 2030 is falling into place even faster. Additionally, it will be great opportunities for Banks and development-finance institutions to create supplier-financing windows so that qualified Kenyan businesses can execute major contracts.

Fourth, plan communities before expansion. Lamu County had only about 144,000 residents in the 2019 census. Even a temporary influx of 20,000–30,000 workers would therefore place significant additional pressure on housing, water, sanitation, healthcare, transport, schools, security and waste management. County and national planning must precede this growth. Visionary leadership will be needed here. Change of mindset and reset for transformation.

Fifth, protect Lamu's valuable marine, mangrove and cultural ecosystems through baseline scientific studies, continuous environmental monitoring and strong industrial emergency-response systems.

Most importantly, we must

think beyond one refinery. Lamu Port already has three operational 400-metre berths, annual capacity of about 1.2 million TEUs, and a long-term plan for 23 berths. Integrated with LAPSET, the refinery could catalyse petrochemicals, fertilizers, plastics, packaging, storage, logistics, engineering and manufacturing.

The Coast is the host and therefore has a historic opportunity, but this is also an opportunity for all 47 counties and beyond. Kenyan engineers, artisans, businesses, farmers, manufacturers and professionals should participate competitively. My people in Lamu and coastal region should not just be spectators but copilots on this trajectory.

Lamu can become, and should become much more than a refinery. It can become a new industrial, technology, skills and logistics hub for Eastern Africa. If Kenya is on trajectory of first world class status under the leadership of Visionary President William Ruto, the footprints could be noticed from Lamu - and the coast in general being gate way to the development in Kenya. The opportunity is enormous. Lamu itakuwa muhimu, kama tutatia fahamu nakuchukua majukumu. The time to prepare is now. Thank you Aliko Dangote. It can be done!

PS, Science, Research and Innovation.

Email: saabdulrazak@gmail.com

Teaching a Machine to Read a Crash

The Big Q was, whether AI can assess damage, catch fraud, and settle a claim faster than a human adjuster ever could



A Claim That Takes Too Long

Picture the ordinary aftermath of a fender-bender in Nairobi traffic: a claim is logged, an adjuster is scheduled, and the car sits — sometimes for days — waiting for a human being to walk around it with a clipboard. Only then does the paperwork, and the real waiting, begin. The AI-Based Integrated Car Insurance Assessment System, asks a simple question: what if a photograph and a well-trained algorithm could do in seconds what currently takes days — while also catching the inflated quotes and recycled damage photos that slip past manual checks?

Teaching Software to Recognize a Dent

At the core sits a Convolutional Neural Network (CNN) — a deep learning model built to make sense of images the way a human eye does, learning edges and textures and building them into an understanding of a scene. Paired with image segmentation, it doesn't just flag “this car is damaged” — it locates where the damage sits and estimates how severe it is, the difference between a scratched panel and a crumpled chassis mattering enormously for repair cost and claim scrutiny. A second AI layer works alongside it: fraud detection. By comparing a submitted image against patterns drawn from historical claims, the system flags inconsistencies — mismatched damage, digitally altered photos — for a human reviewer, rather than deciding outright on its own.

From Blueprint to Build

The system runs on a three-tier architecture: a React.js front end for web and mobile lets a policyholder photograph their car and file a claim; a Laravel application layer handles routing, roles, and notifications; and a Python-built AI engine performs the actual image analysis, with results stored in a normalized MySQL database. It was built using Rapid Application Development (RAD) — fast prototyping and constant feedback — a deliberate choice given the constraints of a single academic term. None of it was guesswork. Structured surveys reached roughly 100 car insurance customers, and semi-structured interviews were conducted with around



By **Lincoln**
Ababu **Boge**
— **Technical**
Tutor /
Technical
Support, Yaris
Institute,
Software
Developer/AI
Master and
Work Flows



How a claim actually moves through the system: from a customer's phone to an AI verdict to a permanent record

<10 sec AI response time per image	10,000+ concurrent users supported	3-tier web/mobile, API + AI, database	10 months end-to-end project timeline
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Key targets the system was designed and tested against, drawn from its performance and load testing

50 industry professionals from companies including Britam, Jubilee Insurance, and CIC Insurance Group, grounding the build in what claims staff and policyholders actually say they need.

Where Kenya's Insurers Stand

Today end-to-end project timeline The research maps a market of cautious, uneven experimentation. Major insurers — Britam, Jubilee, APA, CIC, Old Mutual Kenya — have digitized claim submission, but none yet deploy automated, CNN-driven damage assessment; most still route evaluation through a human adjuster. Globally, insurers like Lemonade and State Farm already use computer vision at a level rivaling experienced adjusters — proof the building blocks are transferable, provided the system accounts for Kenya's mix of vehicle types, road conditions, and variable smartphone image quality.

“Kenya’s diverse range of vehicle types, road conditions, and accident scenarios require vast amounts of localized data, which can be challenging to collect and label accurately.” — literature review, chapter two

Tested, Not Just Proposed

The system was pushed through unit, integration, load (10,000 simulated concurrent users), and security testing, then handed to real insurance agents and policyholders for user acceptance testing — because a technically flawless tool nobody trusts isn't a solution. The results point one way: automation cuts processing time by removing the wait for a physical inspection, the fraud layer gives insurers a systematic flagging method instead of gut instinct, and the cloud architecture scales without forcing insurers to rebuild their existing systems. The honest caveat: accuracy still depends on

the quality and diversity of local training data — this is a rigorously tested proof of concept, not yet a system live inside an insurer's claims pipeline.

The Innovator

Ababu Lincolyn Boge
Researcher & Developer · Software
Developer, AI Master, Workflow
Automation An IT innovator who
chose not to write about a problem
but to build his way through one.
Boge single-handedly researched,
designed, and developed the
full system — interviewing
insurance professionals, surveying
customers, and writing the CNN,
backend, and mobile layers
himself. It is the kind of project
that treats “new innovation” as a
floor, not a ceiling.

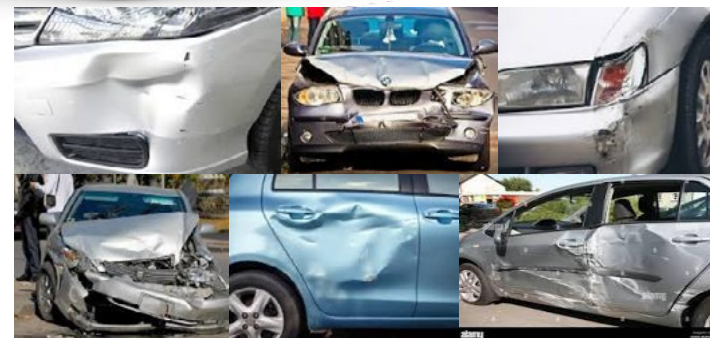
What Comes Next

The study's own recommendations read like a rollout plan, not a wish list: adopt gradually, starting with a pilot inside a single company before any system-wide switch, and pair the technology with adjuster training and customer education — an accurate system nobody trusts isn't an improvement. Looking further out, it sketches integrating vehicle telematics to verify accident details, exploring blockchain for tamper-proof claim records, extending the model to property and health insurance, and adding multilingual support.

“The adoption of this system will significantly transform the insurance industry by providing a faster, more transparent, and user-friendly claim settlement process.” — chapter six. conclusion.

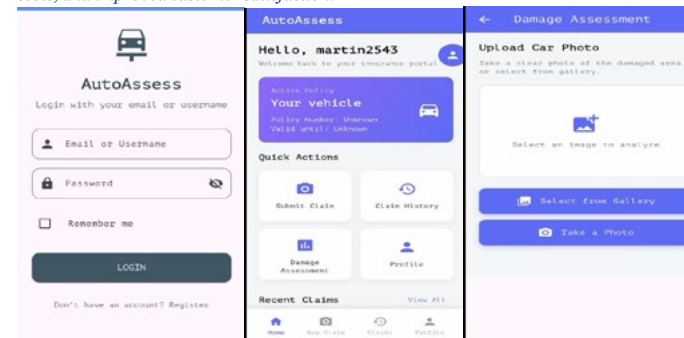
Conclusion

There is a version of this story that stays purely academic: a report, a supervisor's sign-off, a bound copy on a shelf. But the questions it asks aren't academic to the driver waiting three weeks for an adjuster, or the insurer quietly absorbing the cost of a



An AI model reads a vehicle image the way an adjuster would — locating the damage, boxing it, and scoring its severity.

"This automation will lead to significantly faster claim processing times, reduced operational costs, and improved customer satisfaction."



claim that was never quite what it seemed. What this project offers isn't a finished product ready for national rollout — its own conclusions are careful not to claim that. It offers evidence, built and tested rather than merely proposed, that a faster, more consistent, fraud-resistant claims process is achievable with tools already within reach of a university lab. Whether that evidence becomes something an insurer actually deploys will depend on

funding and partnership — but the case has been made, and made rigorously. For a final year project, that is very much the point.

Written by Lincolyn Ababu Boge — Technical Tutor / Technical Support, Yaris Institute, Software Developer/ AI Master and Work Flows
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FEATURE

ASK!!!

By Safia Mohamed Bashir

Ask; so as to make sure; that you know; what to do. I know we have all heard the saying, “Curiosity is the mother of invention.” Funny how, if it were not for someone’s curiosity, many of the things we have today may never have been invented. Curiosity is a highly underrated superpower.

So, what is curiosity? It is a strong desire to learn, explore and understand new things. It drives us to ask questions, seek new experiences and find solutions to problems. This natural trait helps us grow, learn and connect better with others.

There are many quotes and sayings about asking:

Ask, or remain unaware.
You do not get what you do not ask for.

If you never ask, the answer is already no.

Closed mouths don’t get fed.
And perhaps one of the most familiar: “Ask, and it will be given to you; seek, and you will find it; knock, and the door will be opened to you.”

Ask. Express your need, your desire, your curiosity. Sometimes, one simple question can open a door, provide an opportunity, or change the direction of your life.

But beyond opening doors, asking is how curiosity turns into knowledge.

And how is knowledge built? Simply by asking questions. Questions do not make you different; they make you informed. Asking does not make you look stupid, unlearned, or incapable; it shows that you are willing to learn, understand and grow.

As Confucius famously said, “The man who asks a question is a fool for a minute; the man who does not ask is a fool for life.” Surely, why would that be? Because the person who never asks may never learn. And learning begins with the willingness to admit, “I do not know—so let me ask.”

The more questions we ask, the more answers we find, and the more we learn. Anyone can have this superpower; it requires no strength, intelligence, wealth, or status—only a genuine quest for answers, which eventually leads to greater knowledge.

A quest for knowledge is one of the healthiest mindsets one can have. It requires courage—the courage to ask questions and seek the truth—and humility, because it means accepting that we do not

know everything and do not have all the answers. Asking does not diminish us; it expands us.

Communication is one of the most powerful tools in our toolbox, yet it often goes unused. Questions are often left unasked out of fear of where the answer might lead. So, many people choose to play the guessing game, because sometimes uncertainty feels safer than rejection.

But not everything needs to be guessed; some things simply need to be understood. And when something is not clear, asking a calm question can clear up confusion that assumptions only make worse.

Lack of communication can ruin relationships, because instead of knowing, we assume. Before you assume, try this crazy little method called asking. Assumptions can create unnecessary drama, while a simple question can bring clarity.

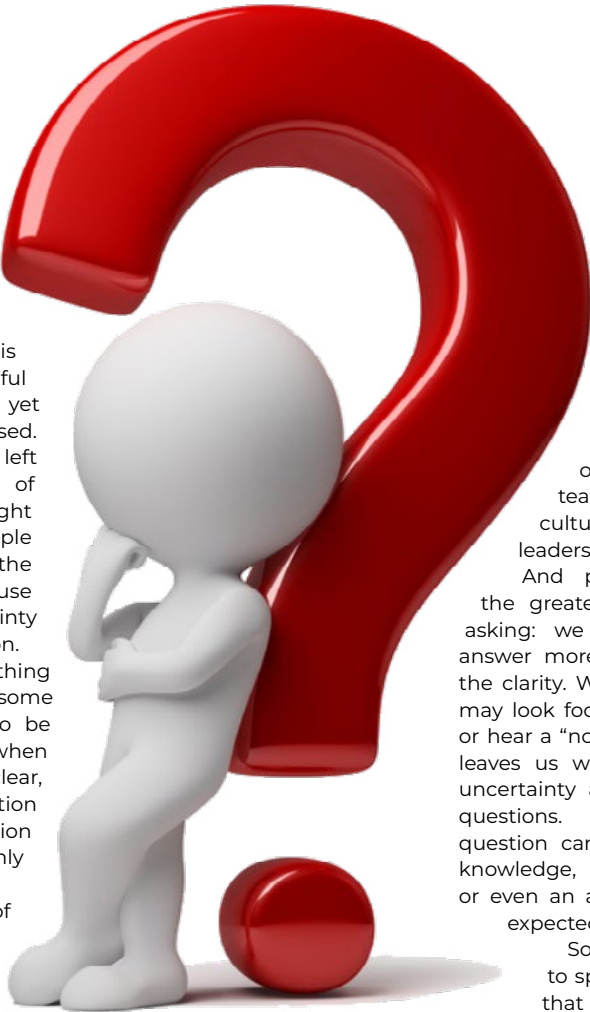
A small communication gap today can turn into a big distance tomorrow. Fix it with words, not silence.

You are allowed to ask for clarity. When the energy changes, when you are not sure where you stand, when you are starting something new, when you have never done something before—or even when you have done it before—it is still okay to ask. Sometimes, asking simply makes things clearer.

Silence does not bring clarity; questions do. Curiosity speaks; silence assumes. Clarity and communication save time, save relationships and bring peace.

Kindness begins with asking and understanding begins with listening. Asking questions within families and between spouses can build stronger relationships. It is a great way to build, maintain and restore trust, increase respect and bring consideration into our relationships.

Assumptions, on the other hand, can lead to conflict based on incorrect conclusions and can sometimes cause us to miss opportunities to correct what has been misunderstood. Clear communication does not settle for confusion; it seeks clarity. And clarity opens the door to understanding,



greatest tools we can have in the workplace. A workplace where people feel safe to ask questions and speak openly is one built on trust, teamwork, a healthy culture and strong leadership.

And perhaps that is the greatest lesson about asking: we often fear the answer more than we value the clarity. We worry that we may look foolish, be rejected, or hear a “no.” But not asking leaves us with assumptions, uncertainty and unanswered questions. One simple question can give us clarity, knowledge, an opportunity, or even an answer we never expected.

So, be bold enough to speak up and take that step. The worst you may get is a no—but the best answer could change your life. Ask, or remain unaware.

Thank you & Best Regards,
Safia Mohamed Bashir
0718 853 335
Nairobi

growth, deeper connection, trust and love.

Curiosity is a love language. Wanting to know about the people we love shows that we care. Learning how to love someone the way they want to be loved is listening beyond words.

And the need to ask does not stop with our personal relationships; it is equally important in our professional lives.

In the formal world, employment starts with an interview—a series of questions asked to understand a candidate, sometimes by a panel so that different perspectives can be considered. Nevertheless, it works both ways. Candidates who ask questions are often showing that they are eager to learn, understand their role and contribute meaningfully.

Communication is one of the most important workplace skills. Finding out how to do something correctly is a form of respect. Asking clearly and politely shows professionalism and encourages collaboration. The right words can make us sound more confident, collaborative and credible.

A new employee has the right to understand their role and responsibilities. It is better to ask and learn the company policies and procedures than doing the wrong things, thus saving time, energy and resources.

Asking for clarity is part of being professional and knowledge is one of the

Giants Group Twiga Donates Library Books and Mathematical Sets to Langata West School



Giants Group Twiga continues to donate library books to Schools to promote Reading culture and National Literacy

Langata West Comprehensive School Giants benefitted from Library Books courtesy of Donors
Dr Jagdishbhai Trivedi of Surendranagar, India
Family of K K Shah - Avenue Car Hire/ Mega investment
Family of Kirit Jani

Mathematical sets were also presented courtesy of Premchandbhai Foundation

Langata West Comprehensive School is located around Kibra and has a population of over 2200 students. The School BOM and administration appreciated the generous donation

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DONATION

Giants Group Twiga Donation

Runda Youth Sports Association(RYSA) Community Library benefitted from donation of Library Books, Board Games and stationary from Giants Group of Nairobi ,Twiga.

RYSA library is a community Library , located in Githogoro Karura Ward . The library is frequented by students in kindergarten Schools colleges and Universities and public from within

Githogoro, Mji Wa Huruma and beyond. .

Mukesh Desai of Giants Group of Nairobi Twiga thanked the Donors of the books Shree Jagdishbhai Trivedi of Surendra Nagar and Family of Devang Shahaibhai Mehta for their generous donation.

He informed the management of the Library that the library books donation consist of books ideal for students and are fiction/nonfiction dictionaries



and encyclopedias and various story books for students in ECD also .

the management thanked Giants Group Twiga and donors from the generous donation and informed al that the library is mostly

frequented by students especially during the holidays and weekends.

Giants Group Twiga continue their mission of promoting Reading Culture and National literacy

Rotary Club of Mombasa Nyali at the Children’s Medical Camp in Baby Life Rescue Centre, Bombolulu Estate

The Rotary Club of Mombasa Nyali could not have chosen a more deserving place to serve than the Baby Life Rescue Centre, tucked away in Bombolulu Estate. At first glance, it is easy to overlook—but step inside, and you discover a sanctuary for abandoned and vulnerable children.

Here, infants as young as four days old, toddlers, and children up to 10 years find refuge. Many have been rescued from dire circumstances: parents unable to care for them due to mental illness, extreme poverty, or disability. Some are physically challenged, others mentally impaired. Without intervention, access to healthcare for these children would be nearly impossible. “Every Child Deserves Hope and Healing”

On 25th July, Rotary Club of Mombasa Nyali, in partnership with Wellcare, organized a free medical camp for these innocent souls. Out of the 31 children present, many were diagnosed with health conditions and received treatment—an essential step



toward giving them a chance to thrive.

This initiative was spearheaded by RC Nyali Service Director Samantha Jacobs, who shared heartfelt gratitude:

“Special thanks to everyone who showed up to our Children’s Medical Camp today and to those who supported us with donations.”

The camp was led by President Des Rose Roger, supported by dedicated Rotarians including Dr. Tetty

as an assistant to Samantha, Frank Muthaura, Monique Oweya, Leo Magangi, Dr. Oduor Odote, and Diana Musyoka, soon to be a member. With Wellcare’s invaluable support, the day was a success.

Yet the journey continues. The Baby Life Rescue Centre faces daily running expenses and ongoing medical needs. Sustained support is vital to keep this lifeline alive.

Together, let’s turn compassion into action. Every child deserves hope. Every child deserves healing.

Des Rose Roger Installed as 12th Rotary Club of Mombasa Nyali President

By Dr. Peter Oduor-Odote (PhD).

On 8 August 2026, Eng. Des Rose Roger was installed together with his Board as the President of the Rotary Club of Mombasa Nyali.

In his acceptance remarks, he expressed deep honour at assuming the role and reflected on his journey in Rotary. He recalled that when he first joined, he thought Rotary was mainly about meetings, networking, and fellowship. However, his perspective shifted during a mangrove planting project, where he encountered women cultivating and selling mangrove seedlings. He observed that for them, the work was not just environmental—it was a livelihood that sustained families, paid school fees, and put food on the table. This, he emphasized, revealed that Rotary is not only about



activities but about the lives impacted.

He extended sincere gratitude to the outgoing President and the Board for their leadership and service, acknowledging the strong foundation they had built. Looking ahead, he outlined his focus: strengthening Rotary’s impact, deepening engagement, and growing membership with purpose. He highlighted plans for meaningful community projects, greater member participation, and support for young leaders through Rotaract and youth programs.

Eng. Roger admitted he

could not promise perfection, but assured members of his commitment, teamwork, and action. He thanked partners and friends for their support and called on fellow Rotarians to contribute ideas, energy, and hands-on involvement.

He concluded by stressing that Rotary is not about titles but about the lives touched, reminding members that somewhere a family is counting on the work they choose to do next. He urged the club to ensure delivery on that promise. The well attended installation also saw different Board members take the oath of office to serve in the 2026-2027 year. The New Board includes Hemma Shah, Carola Vegero, Elsie Karanja, Frank Muthaura, Dr. Peter Oduor-Odote; Samantha Jacobs, Nabil Adamjee, Janet Katsiya, Peter Thuku and Sunil Murji, He acknowledged the District, Country and Regional leadership present as well as support from local clubs, friends and partners



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WEAPONS

Every Gun Has A Journey

Tracing the Weapons Behind Regional Instability

When a militia fighter appears on our television screens carrying an assault rifle, the immediate questions are usually about the fighter.

Who is he?
Who does he belong to?
What does he want?
But there is another question that receives far less attention:

Where did the gun in his hands come from?

It is a simple question, but the answer can take us far beyond the battlefield.

A weapon does not simply appear in the hands of an armed group. Somewhere, at some point, it was manufactured, purchased, issued, stored, transported, stolen, diverted, traded or transferred.

Every gun has a journey. And understanding that journey may be just as important as understanding the conflict itself.

For the ordinary citizen watching violence unfold across a region, this raises an even bigger question: If governments know that weapons are fuelling instability, why do the guns keep reaching armed groups? The answer is complicated because there is rarely one single pipeline.

Some weapons enter conflicts through illegal trafficking. Others may have been legally manufactured and legally purchased but later diverted from their original owners. Some disappear from government or military stockpiles. Others move through poorly controlled borders, criminal networks or conflict economies where weapons become another commodity.

And sometimes, weapons that were intended to provide security can eventually become instruments of insecurity.

This is where the story becomes uncomfortable.

The gun may be illegal today, but it may not have started that way

One of the most misunderstood aspects of illicit weapons is the assumption that every illegal weapon was originally produced illegally.

That is not necessarily the case.

A weapon can begin its life within a legitimate supply chain and later disappear from that



By Mathias Rukuba
Strategic Security Practitioner & Advisor

chain. It may be stolen, it may be diverted, it may be lost during conflict, it may be illegally transferred, it may be obtained through corruption or it may change hands several times before reaching an armed group. This is known as diversion, and it is one of the reasons the weapons problem is much more complicated than simply stopping illegal manufacturing. The question is not only, “Who made the gun?” It is also: “Who was supposed to have it, who actually received it, and how did it move from one person to another?”

When stockpiles become sources of instability

Weapons stockpiles are intended to provide states and security forces with the means to protect their people.

But stockpiles can become vulnerable during war, political instability, military defeats, corruption or the collapse of institutions.

When armouries and military facilities are poorly protected, weapons can be stolen, captured or otherwise diverted.

A conflict can therefore create a dangerous cycle.

- i. Weapons are accumulated to fight insecurity.
- ii. Insecurity weakens institutions.
- iii. Weak institutions lose control of weapons.
- iv. Those weapons then enter the hands of armed groups.
- v. The availability of weapons strengthens those groups.
- vi. And the conflict becomes harder to end.

This is one reason that ending a war is not always as simple as signing an agreement. The weapons may remain.

The border is not always the end of the story

Then there are borders. Across much of the world, especially in regions where communities, families, traders and pastoralists have historically moved across borders, geography can make complete control extremely difficult.

A border on a map can be very different from a border on the ground.

Where there are long stretches of remote territory, limited

infrastructure, insufficient personnel and weak surveillance, criminals and armed networks may exploit gaps in state control.

But it is important not to blame border communities themselves, as most people living near borders are not traffickers. They are ordinary citizens trying to earn a living and move between communities.

The challenge is that legitimate movement and illicit movement can sometimes occur within the same environment making border security a delicate balance.

The objective is not simply to close every crossing. It is to strengthen legitimate border management while improving the ability of states to identify and disrupt criminal networks.

Then comes corruption

There is another part of the story that is uncomfortable to discuss but impossible to ignore.

Weapons do not move through systems without people.

- i. Where corruption is present, controls designed to prevent diversion can be weakened.
- ii. Records can be manipulated.
- iii. Oversight can be bypassed.
- iv. Officials can be bribed.
- v. Information can be concealed.

A blind eye can become as valuable to a trafficker as a vehicle, this is why fighting illicit weapons flows is not only a security problem. It is also a governance problem.

A government can purchase sophisticated surveillance equipment, strengthen border posts and establish strict regulations, but if the systems are undermined by corruption, the controls can become little more than paperwork.

The fight against weapons trafficking therefore requires something less visible but more fundamental “institutional integrity”.

The business of conflict

There is also money behind the movement of weapons.

Where conflict persists, an economy can develop around it. Weapons can be exchanged for money, natural resources, protection, influence or other commodities.

Armed groups may control territory, roads, resources or communities and use that control to generate income.



Criminal networks may profit from the instability.

- i. Middlemen may profit.
- ii. Those who provide logistics may profit.

And the longer instability continues, the more people can become financially invested in the continuation of conflict. This creates perhaps the most difficult question of all:

What happens when war itself becomes a business?

If people are making money from insecurity, there is a financial incentive to keep the system alive. That is why simply taking weapons away from one armed group may not solve the problem if the network that supplies and finances the group remains intact.

The regional network

Modern conflicts rarely remain neatly contained within one country.

People move, money moves, information moves, criminal networks move and, inevitably, weapons can move. An armed group operating in one country may have connections to networks, suppliers, financiers or criminal organisations operating elsewhere.

This creates a regional security problem rather than a purely national one, life a country's instability can create pressure on its neighbours, leading to refugee movements increase, criminal networks expansion, weapons circulating, thus communities can become militarised. This can lead to governments respond by increasing their own security capabilities, sometimes creating another layer of weapons accumulation. The result may be a regional security dilemma in which everyone feels compelled to become more heavily armed because nobody feels sufficiently secure.

So why does the supply continue?

This is the question ordinary people ultimately want answered. If weapons are so destructive, why can't governments simply stop

them?

Because there is no single tap to turn off!

- i. There are legitimate arms industries.
- ii. There are state security requirements.
- iii. There are old weapons already circulating.
- iv. There are poorly secured stockpiles.
- v. There are criminal networks.
- vi. There are remote borders.
- vii. There are corrupt systems.
- viii. There are conflicts that create demand.
- ix. There are people willing to pay.

And there are places where the value of a weapon is higher because insecurity itself has become profitable. As long as there is demand, money, opportunity and weak enforcement, someone will attempt to supply the market. This is the uncomfortable reality. Stopping the flow therefore requires more than catching the person carrying the gun. It requires tracing the network behind the gun.

The responsibility governments have.

Governments have the primary responsibility to protect their citizens and maintain control over weapons within their territory. That means stronger stockpile management, reliable record-keeping, accountable security institutions, effective border management, anti-corruption measures, responsible arms control and serious investigation of diversion and trafficking.

But governments cannot do this alone, as the problem is regional, and often international.

Countries need to cooperate in sharing information, tracing illicit weapons, investigating trafficking networks and strengthening controls along vulnerable routes. International actors also have a role in supporting states to improve stockpile security, border management, institutional capacity and conflict prevention, thus why international assistance

CONTINUED FROM PAGE 18

must go beyond supplying equipment.

A country does not become secure simply because it receives more security technology. Security depends on institutions that can use that technology responsibly, systems that can be trusted and leaders willing to enforce the rules consistently.

The gun is only the visible part

When we see a militia fighter carrying a weapon, we see the final stage of a much longer story.

Behind that weapon may be a factory.

- i. A legitimate transaction.
- ii. A military stockpile.
- iii. A theft.
- iv. A corrupt official.
- v. A smuggler.
- vi. A criminal network.
- vii. A porous border.

- viii. A financier.
- ix. A conflict economy.
- x. Or a chain of events that began years before the first shot was fired.

That is why the fight against armed violence cannot focus only on the person pulling the trigger.

We must also ask who made the weapon available, who allowed it to disappear from legitimate control, who moved it, who financed the transaction and who continues to benefit from the instability.

The answer will not always be comfortable, as it may expose failures by governments, it may reveal weaknesses in institutions, or a point towards criminal networks, it may even raise questions about international supply chains.

And it may force us to confront the uncomfortable reality that some conflicts

survive not simply because people hate each other, but because there are systems that continue to make conflict possible and profitable.

“Every gun has a journey” if we want to reduce regional instability, we cannot focus only on where the gun ends up. We must follow the journey.

Because somewhere between the factory and the battlefield, between the stockpile and the militia, between the border and the conflict, there is a point where the weapon could have been stopped.

The real security question is not only who is holding the gun. It is: who allowed the gun to get there, and why does the journey continue?

MATHIAS RUKUBA
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Practitioner & Advisor
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Mombasa Edition

We Are Being Bold And Going Gold (Bbgg) At The Coast!

For 16 years, Faraja Cancer Support Trust has supported cancer patients, caregivers and families across Kenya with free psychology support, complementary therapies and support groups.

New Faraja Cancer support centre (all free) coming to Coast General and referral Hospital where government cancer treatment is being enhanced considerably, bringing holistic cancer support closer to families in the region.

On 20th September 2026, Mombasa joins the BBGG movement as we walk and run to raise awareness about



cancer and stand with families affected by cancer.

Bamburi Forest Trail, Mombasa

Sunday 20th September 2026.

Registration 7.30 - 8.30am.

Your Pace. Your Distance. Together let's raise much needed funds for this cause.

Come and enjoy music by

Narissa and a small bite to eat. We request you to register on Mpesa before the 18th September to help us plan for food and t-shirt. Please say it is for Mombasa and send us the payment receipt and what size of t-shirt (small, medium, large) you will require. Thank you and we look forward to seeing you on the 20th.

PHOTO STORY



LEGACY PRESERVED: Ahadi Kenya Trust CEO Stanley Kamau (centre) admires a fiberglass sculpture immortalising his iconic moment — treating a jigger-infested poor teen girl. The artwork was gifted to him on Saturday, August 29, 2026, by sculptor Robert Mwangi (left) in recognition of his years-long fight against the menace and will be placed at the recently opened Jigger Archive in Murang'a County.



Lucy Daxbacher, Senior Programme Coordinator at IGAD, cuts the ribbon to officially open the Association of Skilled Migrants Agencies of Kenya (ASMAK) Mombasa Branch office along Moi Avenue. The ceremony was attended by ASMAK Secretary General Monica Mwema (left), Director of Nanpet International Agency Mombasa Peter Mwara (right), ASMAK Chairman Francis Wahome (second right), and ASMAK Treasurer Peter Kyambati (fourth left), among other stakeholders.



Fashion designer Victoria Ijeoma Nwogu (left) shows her brand, Vikkie Oh Atelier's New Collection of West Africa to a customer Alexandra Simpson during an Exclusive Trunk Show Event, “Fashion & Flavors” at Mama Ashanti Restaurant in Lavington Nairobi on Sunday August 23, 2026 organised in partnership with Mama Ashanti Restaurant and ISIS Models.

Mombasa Edition

Sunday 20th September 2026

Bamburi Forest Trail

Registration from 7.30 - 8.30 am

REGISTRATION FEE

Adults - Ksh.2000
Children - Ksh.1000

DISTANCE

5 km (More or Less)
- Your Distance, Your Pace

☒ Free T-shirt

☒ Refreshments will be served.

LIPA NA m-pesa

Paybill Number

509700

Account Number

BBGGMombasa

Shakila - +254 722 994538
Nila - +254 733 272 824

www.farajacancersupport.org
info@farajacancersupport.org

Saved as: Faraja Charity Walk poster



AUGUST 2026

MCCUSA holds peaceful and successful AGM, Elects New leaders

The Mombasa County Cricket Umpires and Scorers Association (MCCUSA) successfully held its Annual General Meeting (AGM) and elections on Saturday, 8 August 2026, at Coast Gymkhana, Mombasa. The meeting was conducted in a peaceful, respectful and orderly manner, reflecting the Association's commitment to good governance, unity and the continued development of cricket officiating in Mombasa County.

Subhash Modi Oversees Elections

The elections were conducted under the supervision of Mr. Subhash Modi, Former International Cricket Umpire and former Chairman of the Kenya Cricket Umpires & Scorers Association. His experience and impartial oversight helped ensure that the electoral process was conducted transparently and professionally.

Appreciation to Coast Gymkhana



New MCCUSA Office Bearers

Position Elected	Official
Chairman	Mr. Vishram Halai
Hon. Secretary	Mr. Jay Kothary
Hon. Treasurer	Mr. Bhavin Panchal
Hon. Match Management Secretary	Mr. Kutub Gulamabbas
Lady Representative	Ms. Lynda Adhiambo Arodi
Co-opted Member	Mr. Jasmeer Singh

MCCUSA expressed its sincere appreciation to the Chairman and Management of Coast Gymkhana for making the Club's facilities available for the AGM. Special appreciation was extended to Mr. Bhavin Panchal, also a Trustee of Coast Gymkhana,

for his kind assistance in facilitating the use of the venue. The Association also thanked Mr. Vishram Halai for providing drinks and light refreshments for those attending the meeting.

Members Not Present in the Photograph

Mr. Umesh Vakeria — participated in the meeting online;

Mr. Joseph Owino; and Ms. Lynda Adhiambo Arodi.

The newly elected leadership takes office with a clear mandate to strengthen umpiring and scoring standards, promote

professionalism among match officials, and support the continued growth of cricket in Mombasa County.

**Issued by: PR TEAM —
MOMBASA COUNTY CRICKET
UMPIRES AND SCORERS
ASSOCIATION**



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wh@ts on mombasa & coast - event guide SEPTEMBER 2026 - all data without warranty - www.whats-on-mombasa.com

WEEKLY LIVE MUSIC
Tuesdays Safari Inn Shanzu Serena Rd Maranda & Band Big Tree Beach Bar Bamburi Beach Ladies Night with Belinda The Cowgirl DJ Ronyle
Wednesdays Sky Lounge Bamburi Julio Diatos with Big Band Yacht Lounge Mtwapa Rhumba Night with Jocker Intact Band DJ Junior Club Legend Mtwapa Bango Wednesdays with Mzee Ngala Mwenyewe Mombasa Railways Garden Buxton Rhumba with Eelengi Musica & Mack Solo Moonshine Night Club & Beach Bar Nyali Octave Live Band Performance The Bali Lounge & Grill Opp. Makupa Roundabout Mombasa Amiti Musica Band Timez Super Lounge Bamburi Rhumba Vibes with New African Sounds
Thursdays Kusini Tavern Kilifi The Muziki Band Moonshine Night Club & Beach Bar Nyali Black Velvet Live Band Club Mios Bamburi Mtambo Ambro La Musica Live
Fridays English Point Marina Live Band Fridays with Solitaire The Band Big Tree Beach Bar Bamburi Beach The New Dawn Band

WEEKLY LIVE MUSIC
Fridays Apollo Club Changamwe Ohangla Night Party with Nick Woud Alego Adhiro Kings Band New Jambo Greenland Amitie Musica Les Incomparables Country Club Mtwapa Ohangla Night with Citizen Jaborder
Saturdays New Jambo Greenland Amitie Musica Les Incomparables Mombasa Raiway Gardens Rhumba Elengi Musica with mack Solo The New Bigtree Bamburi Beach La Festa with Mombasa Roots Band Club Costa Rica Kilifi Petty Makambo And The Heritage Band Apollo Club Changamwe Ohangla Saturdays with Mtu Saba & Afrobeat Band
Sundays Kusini Tavern Kilifi The Muziki Band Manyatta Disco Lounge & Resort Diani Country Sunday with Belinda The Cowgirl VDJ Ub Selector Billy Sky Lounge Bamburi Rhumba Sunday with Ambro La Musica Power Of 2 Club Mazeras Asali Band Club Costa Rica Kilifi Petty Makambo And The Heritage Band Club Tamasha Downtown New African Sounds Band
www.whats-on-mombasa.com

NIGHTLIFE & ENTERTAINMENT
Saturday 12 09 Club 28 Bondora Chenda Chenda Festival with New Africa Sound Kaya Int. Band Hosoni Band Mwanzele Tunda Garden Resort Tezo Pwani fest with Manu bayaz & Msenangu The Band Badi Tora & Kwa Ishara Band MC Lenny Lito Wa Sogohe Wild Waters Nyali Mor Festival with Gradine Toto Emma Jalamo Coster Ojwang Johnny Junior
Friday 18 09 Club The Place Bamburi Alex Kasau Katomi Coast Tour The Moscow Lounge Bamburi Mtambo Millenial Experience with DJ Lenium DJ Flaxx MC Dee
Saturday 19 09 Changamwe Walenisi Alex Kasau Katomi Coast Tour Subway Club Timboni Watamu Tetemesha Night Party with Mr Ngowa & Sakata Music Band Badi Tora & Kwa Ishara Band Nomad Beach Bar & Restaurant Diani Beach Live Music with Makenah Tembo Iternational Convention Centre Live Performance by Sunny Leone
Sunday 20 09 Club Zero 4 Moi Avenue Alex Kasau Katomi Coast Tour Phorpal Club Ukunda Odongo Swagg Live

NIGHTLIFE & ENTERTAINMENT
Sunday 20 09 Broadway Mtwapa Pool & House Party Club Bisaros Mariakani Bahari Night with Bahari Int'l Band Saturday 26 09 Club Don Bay Rabai 3 Years Anniversary with Mr Bado & Mwanzele Wa Kuhu Safi Manu Bayaz & Msenangu Band Susumila Job Chilibasi & KAYA International B10 Beach Bar Kilifi All White Party Nomad Beach Bar & Restaurant Diani Beach Live Music with ChuChu
MOTOR SPORTS / FUN
Sunday 2/ 09 Mombasa Mombasa Tuk Tuk Rallye



ART FESTIVAL
15 07 to 14 10 Peponi Hotel Lamu Art Exhibition by Derrick Munene
FESTIVAL
Monday 21 09 Mombasa Wimbi La Sanaa Festival 2026 - All Styles Dance Battle
FASHION & BEAUTY
Sunday 20 09 Saffron Garden Malindi Simba Road Coastal Fashion Brunch Malindi
SUMMIT
Friday 25 09 The Noble Ballroom Mombasa Luhar Wadha Street Women Empowerment Summit
TOURISM
23 to 27 09 Mombasa - Multiple Venues UN World Tourism Day 2926
GOLF
18 to 20 09 Leisure Golf Club Diani Diani Beach Masters
MOTOR SPORTS
24 & 27 09 Crabmen Eastafrica Drift School Mombasa Mombasa Drift And Takeover 3rd Edition

wh@ts on nairobi & surroundings - event guide SEPTEMBER 2026 - all data without warranty - www.whats-on-nairobi.com

SHOWCASE / LIVE ACTS
Saturday 12 09 254 Beer District The Lore's Pop Up Kenyatta International Conference Center (KICC) Sudhee Experience
Sunday 13 09 Sinaloa Lavington Kingara Rd Tupac 30 - All Eyes On The Legacy
Friday 18 09 Masshouse Ngong Racecourse Viringo VIII with Big Nyagz Dylan-S Sounds Human Tina Ardor Native P
Saturday 19 09 Sarit Expo Centre Laqshay Kapoor Live Nairobi Club The Groove Hangout Masshouse Ngong Racecourse Echoes with Kethan Kinoti The Halo Studio Studio Life
Friday 25 09 The Rift Westlands Vibes In The Rift with Blocka Beats Hiribae Sunnie Honey Mura Sukuma Wiki Uncle Shapps



SHOWCASE / LIVE ACTS
Saturday 26 09 Jain Bhavan Auditorium Loresho Wangari Maathai Back On Stage Ngong Race Course and Golf Park Peaches & Cream with Nikita Kering Kethan Bridget Blue Ochiko Njerai Watendawili Xenia Manasseh Bune IV Darkfruit Smolls Masshouse Ngong Racecourse DJ Phapahne Shema Mani Twin Tribe Malonza Sk8City Nairobi Haus of Kuhl The Bar Next Door Kiambu Road Bongo x RnB – Alikiba Live
SPORTS / CYCLING RACE
Sunday 27 09 Uhuru Gardens Jubilee Live Free Race 2026 - 6th Edition
SHOPPING / MARKET
Saturday 26 09 Lifestyle Gigirii Thrift Pop Up Market
Sunday 27 09 Nairobi Street Kitchen Nairobi Market Brunch
SHOPPING / FESTIVAL
26 & 27 09 Kenya School of TVET,UN Avenue Rd Bizarre Bazaar Festival: The Global Village Edition
GALA DINER
Friday 25 09 Argyle Grand Hotel Nairobi Airport Daystar Alumni Gala & Awards Dinner
SPORTS / PADEL
Saturday 19 09 Padel 254 Parklands Sueño Padel Hangout

MARKET / BOOKS
Saturday 12 09 The Courtyard Nairobi National Museum Affordabele Book Sale And Market
SPORTS / BASKETBALL
Saturday 19 09 Uon Sports Ground Bonanza Hoops 1.0 Basketball Tournament

DANCE
26 & 27 09 Simba Corporation Aspire Center Westlands Nairobi Intensive Dance Weekend

FILM SCREENING

Thursday 17 09 Unseen Nairobi Wood Ave BLKNWS: Terms & Conditions (2025) Premiere 2nd Edition

Sunday 27 09 Suave Kitchen Westlands Boma Film Night
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FILM PREMIERE

Wednesday 17 09 The Kenya National Theatre AFFC Storytellers Film Lab Cohort V & VI Red Carpet Premiere

EAT & DRINK
Wednesday 30 09 Kraftory Biergarten Red Hill Road Kraftoberfest

CONCERT

Sunday 20 09 C.U.Shah Jain Bhavan Loresho Cellobarion 2026
Saturday 26 09 Nairobi Cinema My Land Is Kenya - Peace Concert

POETRY
Sunday 13 09 Braeburn Theatre Githanga Rd Poetry Slam Africa: 2nd Preliminary Saturday 26 09 Baraza Media Lab Undustrial Area The Dark Wall Hooyos Kitchen & Poetry Poetry Of Africa - A Celebration Of Culture & Sound



MUSICAL

Saturday 19 09 Visa Oshwal Community Centre Igwe - A Story Of Dreams, Betrayal & Redemption

CARS

Saturday 19 09 Ngong Racecourse & Golf Park The 2026 Africa Concours d'Elegance

LITERARY

Friday 18 09 Kenya Cultural Centre Macondo Literary Festival 2026
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ART EVENTS & EXHIBS
30 07 to 25 10 The Mall Munyu Space Exhibition: The Great Repair Sunday 27 09 Spasso Karen Paint & Sip Until 30 09 Karen Village Ngong Rd Art Competition 2026 Update 29 08 to 20 09 Rossly Lone Tree "Terms And Conditions Apply" - Oil Paintings By Anthony Okello 05 09 to 15 10 Banana Hill Art Gallery Endles Talk by Kalule Herbert 20 08 to 01 11 The Good Grain Westlands Fragments Of Memory - Photographs From The Mo Amin Collection 02 09 to 27 09 Alliance Française Nairobi Ancestors Of Tomorrow Saturday 19 09 Provisions Kenya Acacia House Watercolor Class Saturday 26 09 The Village Creative Ltd 48 Mzinga Spring Road Bring Your Own Brush

FAIRS & EXPOS

28 09 to 04 10 Jamhuri Park Nairobi International Trade Fair
--

SUMMIT

15 to 17 09 Hyatt Regency Nairobi Westlands East Africa Digital Commerce Summit
--

SPORTS / RUGBY

Saturday 12 09 RFUEA Ground Christie 7s

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